



Newsletter

JUNE 2015

MAHPERD's 2nd Annual Leadership Conference for Directors & Lead Teachers

"Taking Charge of Change!"

Monday/Tuesday, June 22-23, 2015
Hilton Garden Inn, Worcester, MA

Keynote: Taking Charge of Change: What it Means to Have Moral Courage!

Guest Speaker: Judy LoBianco

Supervisor of Health, Physical Education and Nursing Services, South Orange-Maplewood School District, New Jersey
2013 National PE Supervisor of the Year -Past-President-Eastern District, SHAPE America

This conference has many topics that will engage, inspire and inform you of our upcoming MAHPERD webinars, advocacy, diversity, assessment, grants and more!

To register, please [CLICK HERE!](#)

Final Conference Schedule ([CLICK HERE](#))

MAHPERD Convention November 2-3, 2015

MAHPERD E-Board

President

Constantine Psimopoulos
kosti@mit.edu

President Elect

Claudia Brown
cbrown@north-reading.k12.ma.us

Executive Director

Maria Melchionda
maria@ma-hperd.org

The entire MAHPERD Board
and Leadership/Committee list can be viewed by
[clicking here.](#)

MAHPERD Mission Statement

The Massachusetts Association for Health, Physical Education, Recreation and Dance (MAHPERD) is a non-profit organization for professionals and students dedicated to:

- Promoting healthy active lifestyles
- Advocating for quality programs
- Providing quality Professional Development opportunities
- Promoting leadership in each of the disciplines
- Recognizing outstanding professionals and quality programs
- Supporting research initiatives
- Disseminating research findings — MAHPERD promotes liaisons with allied organizations and memberships in Eastern District Association (EDA) and the American Alliance for Health, Physical Education, Recreation and Dance.

President's Message

Constantine Psimopoulos

As I am assuming the Presidency of our State Association I would like to express my gratitude for entrusting in me this privilege, and to pledge that I will, both humbly and proudly, execute the tasks and responsibilities of this office to the best of my ability, working in cooperation with our wonderful Executive Director, Maria Melchionda, outgoing President (and Past-President to be) Michelle Moosbrugger, and President-elect Claudia Brown and of course each and every one of you so that we can collectively continue to move our association and our profession forward, both in Massachusetts and beyond.



Having said that, I envision a Presidential year during which the theme I have selected for our State Convention “*A Sound Mind in a Sound Body*” will permeate these walls and echo every agenda we set on the table for discussion. We really should lead by example and WE should make every effort to be active in our respective professional communities, schools, school districts, institutions and elsewhere and seize every opportunity, every minute of every day to be agents of change, and not let others bring about the change that WE expect to see. I am not suggesting by no means that we should be working 24/7 or not enjoy life and family, but rather advocate, do research, or go above and beyond all the time. I do realize that life happens sometimes and things get in the way. But I am asking that we do one meaningful thing, take one specific professional action or have an experience that we will then share with our colleagues So, let's MOVE to MOVE MAHPERD forward! One strong step at a time! While achieving a status of a sound mind in a sound body!

I wanted to also state that I was extremely proud to observe an excellent Awards banquet and then an excellent APE conference, with inspiring presentations, great speakers and content. Thank you to our Past President, Sheryl and for the APE our VP, VP-elect, and Past VP for APE who worked hard to make this happen.

Lastly, I would like to close by stating three goals for this year:

1. A strong and healthy executive board, who is active and strives for excellence.
2. A focus on advocacy at both the State level and the federal level, with an underlying goal of a) taking at least one student and one teacher to SPEAK OUT! Day in DC next year, and b) re-establishing that advocacy bike ride to the State House that I just realized occurred some years ago . What a great idea! Let's do this again!
3. Focus on the ‘Affective domain’ within the Health and PE curriculum, and the values that are associated with a quality physical education class. With the talk and controversy about violence in sport, doping cases with professional athletes, and the BOSTON 2024 debates across the state (where the emphasis is unfortunately just around the financial aspect), this is a perfect opportunity to show how our profession is unique and the positive impact that we can have as educators on our students' lives, beyond just the love for their respective team sport, their fitness and physical well-being, which I don't underestimate at all and whose importance I don't feel I have to emphasize.

I am ready to work with YOU on all the above! And of course work with you towards a memorable State Convention this November!

Your President,
Constantine Psimopoulos

President-Elect's Message

Claudia Brown



SHAPE America has made available a guiding document for health education in schools. The target audience is key stakeholders in school-based health education, including but not limited to health educators, physical educators, school nurses, principals, teacher evaluators, community members and higher education faculty. Best practices in school-based health education are articulated in the document in order to support the implementation of effective health education as a critical component of any school system. A secondary purpose of this document is to provide a tool that can be used to enhance communication among stakeholders involved in school-based health education. Greater alignment among individuals and groups involved with health education will lead to more support for and more effective implementation of health education in schools.

As a health educator, I am excited to see a growing focus on health education as a core subject in our schools. Students continually tell me that the knowledge and skills learned in our health classes are more important than many of the current core lessons. Without minimizing other subjects as ours has been, I hope that we as professionals in this field continue to advocate for quality daily health education in our schools. My compliments to the elite team of educators who have created this document, including our own Sarah Sparrow-Benes of Boston University!

SHAPE America. (2015). *Appropriate practices in school-based health education*. [Guidance document]. Reston, VA: Author.

Past President's Message

Michelle Moosbrugger, Ph.D.



I'm sure MAHPERD members are gladly welcoming in a bright, warm summer following our tough and snowy winter months! I've kicked off the season with hiking, camping, and facilitating on a ropes course with pre-service teachers. I wish the best for all of you for a similarly active summer! As I transition from MAHPERD President to Past-President and complete the academic year, I am embracing the familiar process of reflecting and planning for the future. The summer is an opportune time to engage in this process, although it is certainly on-going throughout the year.

As I reflect and plan together with the MAHPERD board, we consider what MAHPERD accomplished in the past year and where we may have fell short. Member feedback obtained through phone calls, emails, and our professional development events is vital to this reflection, so thank you for sharing! Following consideration of this information, we design specific strategies to improve our practices, build on successes, and take the next steps for the association.

In addition to refreshing and rebooting this summer, I'm sure you'll be reflecting and planning too. I saw plenty of evidence of this at the MAHPERD Annual Awards Banquet in May. Speakers who introduced each honoree shared details of how each individual progressed and improved their craft over time. I'd like to challenge all MAHPERD members to contemplate how they could take the next step in educating others and advocating for healthy, physically active lifestyles for all. Students and new professionals could plan to attend your first MAHPERD Fall Convention in November! Veterans may be ready to make an impact on the profession through advocacy efforts or joining the MAHPERD board (see me in Winter 2016... I'll be looking for you to run for a position!). Retired members may step up to share wisdom and experience by mentoring new professionals. No matter your career stage, your next step matters. MAHPERD is there for you as you reflect and plan carefully to take that step!

From the desk of the Executive Director

Maria Melchionda, M.Ed.

Summary of the 2014-15 Year

- The MAHPERD Student Summit at Bridgewater State University on Friday, September 26th, 2014 had over 140 students attend. Students participated in various programs and activities to assist with professional development, MTELS, advocacy and sessions that inspired them to get involved with their state association! As a result of this Summit over the years, MAHPERD has seen many former students who are now professionals, become elected to the MAHPERD Board. We are in great hands for our future!
- Our 85th Annual State Convention in November, 2014 was extremely successful! It broke all records and is deemed one the best conventions in the Eastern District! We hosted truly amazing presenters and all that participated gained insight into the latest teaching methodologies and assessments!
- Wrote a proposal to revise the MA Frameworks. This needs to be accepted by the Assistant Commissioner. We are in communication with DESE.
- President Moosbrugger forged ahead with her vision of offering webinars for MAHPERD members. She appointed a MAHPERD Task Force on Assessment with Dr. Ann Marie Gallo as Chair and as a result, MAHPERD will roll out its first webinar on DDM's at the MAHPERD Leadership Conference in June for all Directors of Health & Physical Education. It will be available for the membership at a later date. Details to follow.
- The MAHPERD leadership team assisted in planning the Eastern District Convention as host in Springfield, MA in February, 2015.
- MAHPERD/ USTA held their School Tennis Summit on Thursday, February 26, 2015 at Babson College. More than 60 attendees and very successful!
- Formed a collaborative partnership with the Department of Transportation to discuss/implement the new pedestrian safety curriculum in MA schools.
- Met with the AHA Advisory Board for collaborative efforts for state campaign.
- Continue to work with American Heart on marketing strategies for new schools for JRFH & HFH.
- Executive Director and President attended the SHAPE America Convention in Seattle, March, 2015. Brought back many exciting ideas for professional development!
- Meetings with the Dept. of Public Health in regards to collaboration and input with the PEPA Guidelines.
- Conference call with Dept. of Public Health Program Implementation Work Group on Sports Concussions. They will be presenting at the Convention.
- Honored our wonderful award recipients at our MAHPERD Annual Banquet on May 3, 2015
- Keynote Speaker, Tim Davis, SUNY/APENS Chair, wowed the crowd at the Annual MAHPERD Adapted PE Conference on May 8th at the Massachusetts Hospital School. With 65 attendees, this conference has grown the last three years to be one of the most informative professional development offerings in the adapted field.
- Wrote the application for the DESE PDP Providership. MAHPERD is just one of many organizations that has to apply every three years for providership. It was accepted once again and we continue to be a PDP provider for our professions!
- The 2nd Annual MAHPERD Leadership Conference will be on June 22 & 23, 2015 at the Hilton Garden Inn in Worcester. Keynote Speaker will be Judy LoBianco, National Director of Physical Education of the Year, 2013.

- Contact with legislators regarding bills is on a continuous basis.
- Executive Director was invited guest to speak on advocacy at the MAINE AHPERD Convention on Sunday, November 2, 2014
- MAHPERD sent E-blast out to all 50 Executive Directors to support SPEAK OUT Day February 10-11th, 2015.
- In communication with the National SAM (executive directors) group for advocacy meetings and materials
- State house visits were made this year to become more visible with senators/representatives.
- Contacted Senator Markey in regards to support of PEP and PE/Health in the Core. He signed on!

These are just a few of the many happenings behind the scenes. So many partnerships are being formed at the state level and we continue to plan meetings this summer with the PTA, DESE and the associations for principals and superintendents and legislators to strengthen our collaboration. This is necessary to stay on the forefront for health education and physical education. We want to be viable and visible and it is prime time now! There are great things happening in the state for education and we need to strike while the "iron is hot" as they say! The MAHPERD Board always has the students in the Commonwealth and your best interests in mind...if you need anything, we are here to support you. Please do not hesitate to call or email.

Have a safe and restful summer!

My best,
Maria



Health and Physical Educators

Are you looking for summer courses to enhance your professional development, enrichment, or licensure?

Cambridge College offers courses in health and physical education that provides fully licensed teachers and professionals programming that advances their knowledge, skill, and professionalism.

We currently offer a health education professional licensure program. We also offer physical education graduate courses. Students who wish to seek pre-approval from the Department of Elementary and Secondary Education, can ask the State if our physical education courses fulfill the state's professional licensure requirements.

Our courses are held in July at our beautiful Cambridge location, 17 Monsignor O'Brien Highway. (Opposite the Museum of Science parking garage) Register now! Go to <http://www.cambridgecollege.edu/registrar> and click on the Non-Matriculated Student Course Registration form.

For more information, please contact Mary Connolly, Program Chair, Health and Family & Consumer Science. 781-901-1734.

Mark Your Calendar!

MAHPERD Leadership Conference

June 22-23, 2015

Hilton Garden Inn, Worcester, MA

MAHPERD Student Summit

Friday, September 28, 2015

Springfield College

MAHPERD 86th Annual Convention

November 2 -3, 2015

DCU Center, Worcester, MA

SHAPE America

National Convention & Expo

April 5-9, 2016

Minneapolis, MN

Convention 2015

Monday Keynote Speaker Marla Runyan



Marla Runyan is a world-class American track and field athlete and marathon runner who is legally blind. At age nine, she was diagnosed with Stargardts disease, a form of macular degeneration that causes progressive vision loss. Despite her visual impairment, Marla never uses her blindness as an excuse or handicap.

After graduating from high school, Marla studied at San

Diego State University where she began competing in numerous track and field events including the high jump, heptathlon, and 100-meter hurdles. In 1994, Marla graduated with a master's degree in Communicative Disorders and began her post-collegiate running career.

Tuesday Keynote Speaker Dr. Gylton Da Matta



Dr. Gylton Da Matta, Executive Sports Director of YOSA, is a volleyball consultant and a Sports Science researcher. In the past 10 years, Dr. Da Matta has worked for the Danish Volleyball Federation, USA Volleyball, Junior Olympics Clinician and he is also a

member of the Olympic Studies Academy of Brazil. His research on expertise development has received recognition by the International Olympic Academy based in Athens, Greece, through recent invitation and referral to lecture at the 52th (2012) IOA Convention prior to London Summer Olympics and most recently the 53rd International Olympic Young Participants Conference in Ancient Olympia, Greece. Currently collaborating with the USA Volleyball, Danish Volleyball Federation, the Argentine Volleyball Federation, and the Brazilian Volleyball Federation, Dr. Da Matta is committed to promote online coaches education programs ,volleyball in schools and Sports Pedagogy. Since 1986 he has coached volleyball at all levels. In 2005 he coached the USAVb womens volleyball National Championship team at the Open Division. He has presented at dozens of volleyball clinics, camps and workshops across the United States and internationally as well. Former Head Volleyball Coach for Newberry College and Appalachian State University, Dr. Da Matta is a three-time Brazilian National Champion as a setter and a member of the Junior Olympic volleyball program with six completed internships with the U17, U19 and Senior Mens and Womens volleyball teams of Brazil.

Comprehensive School Physical Activity Plan

Submitted by Deb Pinto, Vice President for Physical Education

Does your school or district have a Comprehensive School Physical Activity Plan? If you are not sure what is, you will be hearing much more about it in the next three years. The CSPAP is a collaborative program between the Center for Disease Control, Shape America, Massachusetts Department of Elementary and Secondary Education and M.A.H.P.E.R.D. As a Physical Activity advocate in your building, district or community it contains information and a plan to help guide you in your work.

There are five components of a CSPAP:

1. High-quality physical education.
2. Physical activity during school.
3. Physical activity before and after school.
4. Staff involvement.
5. Family and community engagement.

The goals of a CSPAP are to:

1. Provide a variety of physical activity opportunities throughout the school day, with a high-quality physical education program as the foundation.
2. Provide physical activity opportunities both before and after school, so that all students can participate in at least 60 minutes of physical activity daily.
3. Incorporate physical activity opportunities for faculty and staff members, as well as for families.
4. Encourage and reinforce physical activity opportunities in the community.
5. Coordinate among the CSPAP components to maximize understanding, application and practice of the knowledge and skills learned in physical education, so that all students are physically educated and motivated to pursue a lifetime of physical activity.

More information is available on the Shape America website at <http://www.shapeamerica.org/advocacy/resources/upload/CSPAP-Policy-Continuum-2-10-12final.pdf>.

Also Regional, District and School based training are available by contacting Holly Alperin at halperin@doe.mass.edu or me at dpinto@hopkinton.k12.ma.us .

Call for Presenters

<http://www.ma-hperd.org/Call%20for%20Presenters.htm>

Assessment Task Force Update

The MAHPERD Assessment Task Force is working on a webinar on best assessment practices for measuring student learning and teacher effectiveness. Our recommendations include using established assessment instruments such as PE Metrics, Game Performance Assessment Instrument (Mitchell, Oslin, & Griffin, 2013) and/or cognitive testing. Assessing motor skills and/or cognition, opposed to fitness testing and/or assessing social responsibility is advisable.

Learning is a relatively permanent change in behavior.

Changes in fitness levels, however, are not permanent. Due to the limited time allocations for physical education in Massachusetts Public Schools, increases or decreases in a student's fitness score cannot be attributed directly to the actions of the physical educator. Changes in fitness levels require more time and intensity than a typical physical education program can provide.

As directly stated in the FITNESSGRAM ACTIVITYGRAM Test Administration Manual (Cooper Institute, 2010) using the students test results, as a measure of teacher effectiveness is inappropriate practice. Student scores on ACTIVITYGRAM and FITNESSGRAM should NOT be used to evaluate teacher effectiveness (e.g. teacher evaluations). Teachers can be effective at teaching youngsters how to develop and maintain physical fitness and still have students who do not perform well on fitness tests. Often, physical education teachers who emphasize only fitness activities may be shortchanging their students in other areas such as skill development, social skills, and positive attitudes toward physical activity (p. 11).

Embrace the opportunity to select assessments instruments that align with your curriculum content. In addition to the reporting process for teacher evaluation and evidence of student learning, use the assessment results to inform your teaching and future curriculum decisions.

Resources

Cooper Institute. (2010). Fitnessgram & Activitygram Test Administration Manual Updated (4th ed.). Champaign, IL: Human Kinetics.

Mitchell, S. A., Oslin J.L., & Griffin, L.L. (2003). Sports Foundations for Elementary Physical Education: A Tactical Games Approach. Champaign, IL: Human Kinetics.

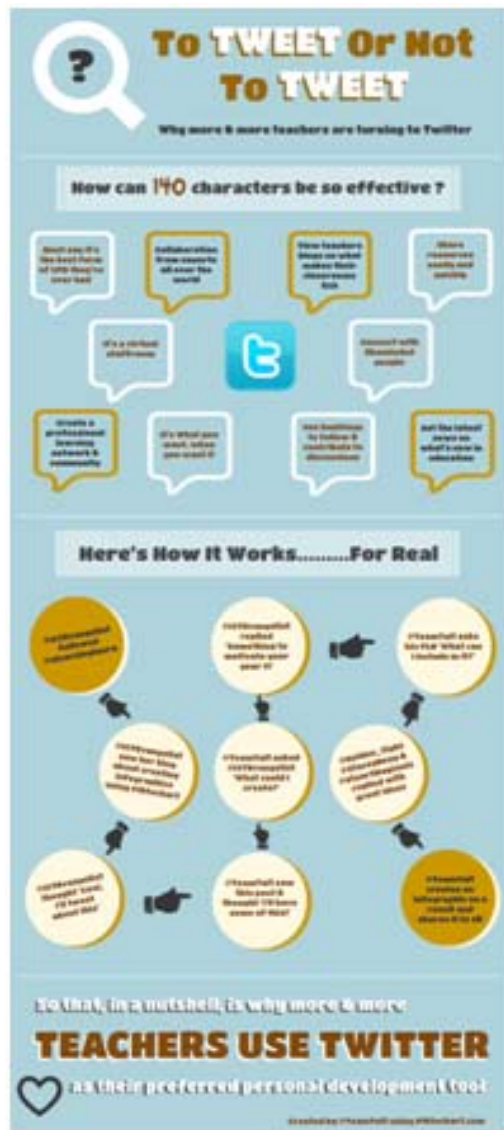
Mitchell, S. A., Oslin J.L., & Griffin, L.L. (2013). Teaching Sport Concepts and Skills: A Tactical Games Approach Ages 7-18 (3rd ed.). Champaign, IL: Human Kinetics.

NASPE. (2010). PE Metrics: Assessing National Standards 1-6 in Elementary School (2nd ed.). Champaign, IL: Human Kinetics.

NASPE. (2011). PE Metrics: Assessing National Standards 1-6 in Secondary School. Champaign, IL: Human Kinetics.

TECHNOLOGY IN YOUR CORNER

TONI DUVAL
Technology Chair



attribute it to the brevity of its messages but no matter what the reasons are, Twitter has become not only an effective communicational platform for teachers and educators from all around the globe but also an affinity space where these people get to meet each other, talk and discuss current issues in education and most important of all share and learn from each other's expertise." (The graphic to the above created by @teamtait features some of the reasons why teachers use Twitter to grow professionally.

Information originated from - <http://www.educatorstechnology.com>

MAHPERD Technology highlights for educators:

1. **ThePhysicalEducator.com** is an online resource for physical educators. Our mission is to help you become the best physical education teacher you can be.



<http://ThePhysicalEducator.com> , is an online resource for physical educators. Our mission is to help you become the best physical education teacher you can be.

This article will touch briefly upon the popular world of Twitter. It has been a growing resource for all educators. **Please note** that MAHPERD will be hosting a few technology workshops on Twitter and other technology resources in the upcoming fall Convention in November. Stay tuned!

Why All Educators should be using Twitter:

“Twitter is definitely one of the most popular tools for teachers’ professional development. Education communities are filling the tweeting space #edchat, #edtech are some examples. It might be because of its simplicity and ease of use that teachers flock to it, others

2. **Superstarsofpe.com** This terrific website has a ton of free resources that can be downloaded. However, please be aware of all copyright issues when doing so.
<http://www.superstarsofpe.com>



3. **Educatorstechnology.com**

The last site to highlight is <http://www.educatorstechnology.com>. This site is filled with information using mobile technology and web tools for educators and learning. The graphic to the right was particularly interesting to show growth of teens and technology over the last 2 decades.

Educational Technology and Mobile Learning
 A resource of educational web tools and mobile apps for teachers and educators



ADAPTED PHYSICAL EDUCATION

DONNA L. MCMANUS
Vice President, Adapted Physical Education

THE END OF THE SCHOOL YEAR!

Here we are with just a few weeks left to the 2014-2015 school year. A few tips to help you stay organized for next fall.

1. Make a list of all your students by grade and teacher for each school that you service.
2. Line up you availability of teaching spaces.
3. Look all these spaces and times to plan when you could possible teach.
4. Send folders to other schools or keep all your folders on your students locked up.
5. Have equipment ready to use in the fall. Soccer balls or whatever you start with in the PE closet.

PROGRESS REPORTS

Don't forget to start lining up each student's progress for the term.

I carry a check-off sheet for the class to see where they have made improvements.

Do 5-6 progress reports a day so you won't be overwhelmed.

ACHIEVE, PLAY, EXECUTE Workshop at Mass. Hospital

A big thank-you to all Presenters for fabulous information and ideas at this workshop. Another big thank-you to Dick Christafori for offering to host this workshop. We are beginning to plan for Presenters for our November Conference. If you are interested in presenting this fall please contact us.

Have a restful summer to recharge yourself for the fall!!!

ATHLETICS

MOLLY BROGAN
Athletics Chair



MIAA

Massachusetts Interscholastic Athletic Association
"Building the future...one student at a time..."

Please click the following link to the MIAA RULE CHANGES FOR 2015-2017 HANDBOOK

[http://miaa.net/gen/miaa_generated_bin/documents/basic_module/
RuleChanges201517Passed.pdf](http://miaa.net/gen/miaa_generated_bin/documents/basic_module/RuleChanges201517Passed.pdf)

These rules will become incorporated into the MIAA Handbook, effective for the 2015-2016 school year, with the exception of rugby becoming an approved sport beginning with the 2016-17 school year. The July 1, 2015 through June 30, 2017 MIAA Handbook will be posted on our MIAA website after July 1, 2015.

Please consider nominating a colleague for a MAHPERD award. Show a colleague, mentor or teacher how valued they are at your school. It's a great way to publicly celebrate people who make a difference in the fields of Health, Physical Education, Recreation and Dance.



Massachusetts Association for Health, Physical Education, Recreation, and Dance

2016 Award Nomination Form

Full Name of Nominee: _____

Position and School/Business Name: _____

Home Address: _____

Home Phone: _____ E-Mail: _____

Nominated by: _____ Phone: _____

Nominated for (check one). Please refer to MAHPERD Individual Awards Criteria for criteria for each of these awards. **Mail the nomination form to:**

Cindy Coughlin, 109 Nottingham Drive, East Longmeadow, MA 01028 or email: cincough@charter.net

Joseph McKenney Award

Honor Award

Health Teacher of the Year

Amelia Riou Award for Adapted Physical Education

Dance Educator of the Year

Pathfinder Award (DGWA)

Mail the Physical Education Teacher of the Year Nominations to:

Barbi Kelley, 27 Newton Road, Westminster, MA 01473

Physical Education Teacher of the Year (circle one) Elementary Middle School High School

IMPORTANT – Why are you nominating this person? Please use the back of this paper and a separate sheet, if needed, for your response. **Submission deadline is November 13, 2015**

MAHPERD AWARDS Criteria

Deadline for Nominations - November 13, 2015

Mail all Award Nominations (*except Physical Education Teacher of the Year*) to:
Cindy Coughlin, 109 Nottingham Drive, East Longmeadow, MA 01028

Joseph McKenney Award

The Joseph McKenney Award is the highest award the Association can bestow on a member in recognition of distinguished service to one or more of the professions in the Association. Only one such award can be presented annually. To be considered for this prestigious award, nominees must meet the following criteria:

1. The candidate must have demonstrated exemplary service, leadership, and contributions to the profession, MAHPERD and the youth of the state.
2. The candidate should reflect the spirit of devoted service to the profession and creative leadership in the field.
3. The candidate must have held membership with MAHPERD for at least fifteen years and an SHAPE America membership for at least five years.
4. The candidate must have served as a MAHPERD Executive Board member or have volunteered service to the MAHPERD Organization.

Honor Awards

The Honor Award is a noteworthy award given to a member who has made significant strides in the fields of Health, Physical Education, Recreation or Dance. To be considered for this award, nominees must meet the following criteria:

1. The candidate should be a Health, Physical Education, Recreation or Dance professional whose life and contributions have inspired youth of the state within the field.
2. The candidate must be a current member of MAHPERD and SHAPE America.
3. The candidate must demonstrate outstanding ability as a teacher, practitioner or administrator in the field.
4. The candidate must have contributed to the profession through one or more of the following ways: publications, speeches, demonstrations, appearance on professional programs, committee service, or serving as an officer in a professional association.
5. The candidate must have a minimum of 15 years experience in their current specialized field.

Health Teacher of the Year

The purpose of the Health Award is to publicly recognize an outstanding Hands-on practitioner who has made valuable contributions in the area of Health. To be considered for this award, nominees must meet the following criteria:

1. The candidate must be currently teaching in the field of Health.
2. The candidate must be a current member of MAHPERD.
3. The candidate must have a minimum of 10 years in the Health profession.
4. The candidate must have contributed to the profession through one or more of the following ways: publications, speeches, demonstrations, appearance on professional programs, committee service, serving as an officer of a professional Association.

Pathfinder Award

The Pathfinder Award is given to a person who has made outstanding contributions and shown great commitment in the field of Athletics. To be considered for this award, nominees must meet the following criteria:

1. The candidate must be currently contributing in the field of Athletics.
2. The candidate must be a current member of MAHPERD.
3. The candidate must have a minimum of 10 years in the Athletics profession.
4. The candidate must have contributed to the profession through one or more of the following ways: publications, speeches, demonstrations, appearance on professional programs, committee service, serving as an officer of a professional Association.

Amelia Riou Award

The purpose of the Amelia Riou Award is to publicly recognize a member who has made outstanding valuable contributions in the area of Adapted Physical Education. To be considered for this award, nominees must meet the following criteria:

1. The candidate must be currently teaching in the field of Adapted Physical Education.
2. The candidate must be a current member of MAHPERD.
3. The candidate must have a minimum of 10 years in the Adapted Physical Education profession.
4. The candidate must have contributed to the profession through one or more of the following ways: publications, speeches, demonstrations, appearance on professional programs, committee service, serving as an officer of a professional Association.

Dance Educator of the Year

The purpose of the Dance Teacher of the Year Award is to publicly recognize a member who has made valuable contributions in the area of Dance. To be considered for this award, nominees must meet the following criteria:

1. The candidate must be currently teaching in the field of dance.
2. The candidate must be a current member of MAHPERD.
3. The candidate must have minimum of 10 years in the dance profession.
4. The candidate must have contributed to the profession through one or more of the following ways: publications, speeches, demonstrations, appearance on professional programs, committee service, serving as an officer of a professional association.

(continued next page)

MAHPERD AWARDS Criteria

Deadline for Nominations - November 13, 2015

**Mail the Physical Education Teacher of the Year Nominations to:
Barbi Kelley, 27 Newton Road, Westminster, MA 01473**

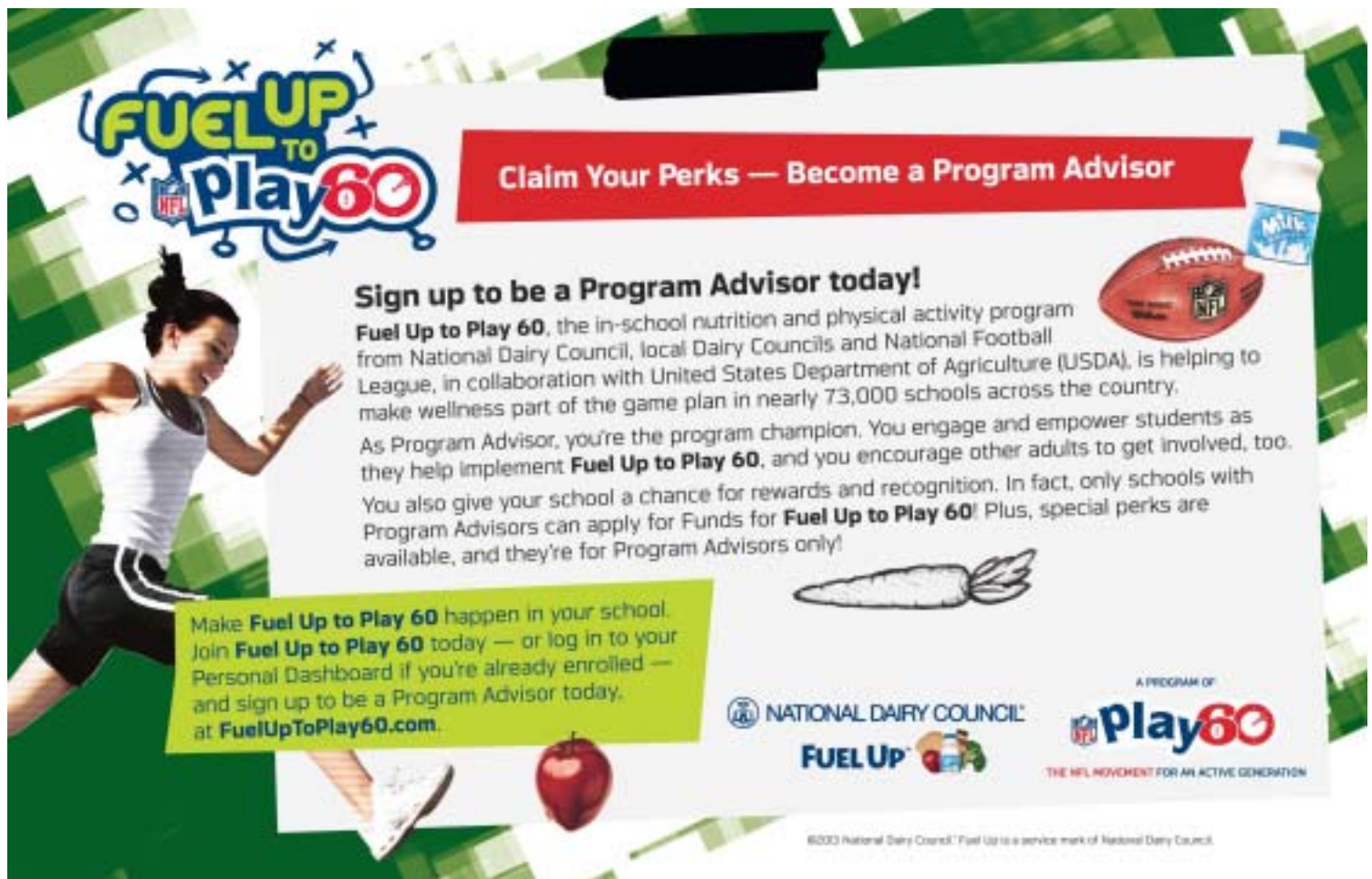
Physical Education Teacher of the Year (TOY)

A Physical Educator is defined for the purposes of these awards as an individual who has major responsibility for teaching Physical Education in grades K-12 for a specific school system. To be considered for this award, nominees must meet the following criteria:

1. The candidate must have a minimum of a 10 years teaching experience in Physical Education.
2. The candidate must conduct a balanced and sequential curriculum that reflects an understanding of child growth and development.
3. The candidate must utilize various teaching methodologies and plans innovative learning experiences to meet the needs of all.
4. The candidate must serve as a positive role model epitomizing personal health and fitness, enjoyment of activity, sportsmanship, and sensitivity to the needs of students.
5. The candidate must participate in professional development opportunities.
6. The candidate must serve on state/district/national committees and/or presents at workshops or programs at these sites.
7. The candidate must be a current member of MAHPERD and SHAPE America
8. The candidate must have a full-time teaching contract and certification in Physical Education with a minimum of 60% of total teaching responsibility in teaching Physical Education.

RULES FOR NOMINATION/APPLICATION

1. Any Physical Educator who meets the eligibility requirements and exemplifies the criteria may apply, or be nominated by a colleague.
2. Teachers may have responsibility for teaching grades which cross different levels, but applications should be submitted for the level which represents 50% or more of their Physical Education teaching assignment.
3. Nominations must be submitted typewritten, following the format for applications.



FUEL UP TO Play 60

Claim Your Perks — Become a Program Advisor

Sign up to be a Program Advisor today!

Fuel Up to Play 60, the in-school nutrition and physical activity program from National Dairy Council, local Dairy Councils and National Football League, in collaboration with United States Department of Agriculture (USDA), is helping to make wellness part of the game plan in nearly 73,000 schools across the country.

As Program Advisor, you're the program champion. You engage and empower students as they help implement **Fuel Up to Play 60**, and you encourage other adults to get involved, too. You also give your school a chance for rewards and recognition. In fact, only schools with Program Advisors can apply for Funds for **Fuel Up to Play 60!** Plus, special perks are available, and they're for Program Advisors only!

Make **Fuel Up to Play 60** happen in your school. Join **Fuel Up to Play 60** today — or log in to your Personal Dashboard if you're already enrolled — and sign up to be a Program Advisor today, at FuelUpToPlay60.com.

NATIONAL DAIRY COUNCIL
FUEL UP

A PROGRAM OF
Play 60
THE MIL MOVEMENT FOR AN ACTIVE GENERATION

©2013 National Dairy Council. Fuel Up to is a service mark of National Dairy Council.

Congratulations to All Our Award Recipients

They were honored at our Awards Banquet in May.





Massachusetts Association for Health, Physical Education, Recreation & Dance

PO Box 182
 Attleboro, MA 02703
 774-254-4657 Phone & Fax
 riley@ma-hperd.org
 www.ma-hperd.org

Membership Application/Renewal/Registration Form

Memberships	
Professional	\$75.00
Retired	\$10.00
Full Time Student	\$20.00

Convention Pre-Registration	
Professional 1 Day	\$125.00
Professional 2 Days	\$140.00
Retired	\$35.00
Full Time Student	\$35.00

Convention On-Site	
Professional 1 Day	\$140.00
Professional 2 Days	\$160.00
Retired	\$50.00
Full Time Student	\$50.00

Member #: _____ (Leave blank if you don't know) New:___ Renewal:___ Rejoin:___

Name: _____ Home Address: _____

City/Town: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email: _____

School/Business: _____ School/Business City/Town: _____

Professional Responsibilities (Check all that apply)					
Responsibilities: <input type="checkbox"/> Teacher	<input type="checkbox"/> Coach	<input type="checkbox"/> City/Town Director	<input type="checkbox"/> Dept Head	<input type="checkbox"/> Other	
Field: <input type="checkbox"/> PE	<input type="checkbox"/> Health	<input type="checkbox"/> Adapted PE	<input type="checkbox"/> Recreation	<input type="checkbox"/> Dance	<input type="checkbox"/> Other
Level: <input type="checkbox"/> Elementary	<input type="checkbox"/> Middle	<input type="checkbox"/> HS	<input type="checkbox"/> College	<input type="checkbox"/> Other	

***Student membership status is for full time students only (9 credits per semester, proof required)**

Current Full Time Student: _____

College	Major	Year of Graduation

Voluntary donation for "Legislative Initiative 2015-2016"

Please consider including a voluntary donation, in addition to your annual dues, with your 2015-2016 membership. Add "whatever you can afford" to aid in this critical campaign for the new law for Quality Physical Education. I am contributing \$5 \$10 \$20 Other(\$_____) as my support for the MAHPERD Legislative Initiative.

Registration for the 2015 MAHPERD Annual Convention - Nov 2 & 3

- 2015-2016 membership required to register for the convention, unless you choose to register as a non-member. (non-member registration is \$275.00)
- Convention pre-registration must be completed online, faxed or "postmarked" & include check or purchase order by **Wednesday, October 21st** to receive the pre-registration rate.

Enclosed is a check or purchase order for:

\$ _____ Membership (There are no refunds on memberships)

\$ _____ Registration

Please check day(s) attending - Monday ___ Tuesday ___ Both Days ___

\$ _____ Non-member registration (\$275.00)

\$ _____ Voluntary Donation

\$ _____ Total

Mail to: MAHPERD, PO Box 182, Attleboro, MA 02703