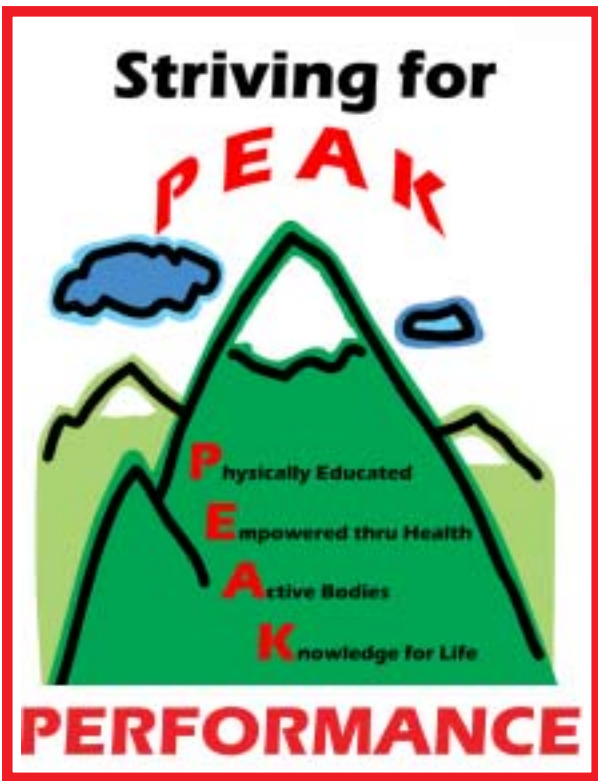




Newsletter OCTOBER 2013

MAHPERD Annual Convention Monday, November 4 & Tuesday, November 5, 2013 DCU Center, Worcester, Massachusetts



Visit the Website [TODAY](#)
and View [All](#) the
Exciting Convention Offerings!

[Preliminary Convention Program Link](#)

MAHPERD E-Board

President Sheryl Hall halls11@comcast.net	Business Manager Bill Riley riley@ma-hperd.org
President Elect Michelle Moosbrugger mmoosbrugger@springfieldcollege.edu	Secretary Dr. Deb Sheehy deborah.sheehy@bridgew.edu
Executive Director Maria Melchionda maria@ma-hperd.org	

The entire MAHPERD Board and Leadership/Committee list can be viewed by visiting <http://www.ma-hperd.org/Executive%20Board.htm>

MAHPERD Mission Statement

The Massachusetts Association for Health, Physical Education, Recreation and Dance (MAHPERD) is a non-profit organization for professionals and students dedicated to:

- Promoting healthy active lifestyles
- Advocating for quality programs
- Providing quality Professional Development opportunities
- Promoting leadership in each of the disciplines
- Recognizing outstanding professionals and quality programs
- Supporting research initiatives
- Disseminating research findings – MAHPERD promotes liaisons with allied organizations and memberships in Eastern District Association (EDA) and the American Alliance for Health, Physical Education, Recreation and Dance.

Presidents Message

Sheryl Hall

I can hardly believe that our annual convention is less than a month away. By now I hope you are making plans to attend as we have a great line-up of presenters and speakers. If you have followed past newsletters then you know that the theme **“Striving for Peak Performance”** is about achieving peak performance in both teaching and student expectations. I believe it is important to always be flexible and willing to “strive for the peak” in one’s approach to teaching. Common core and the educator evaluation system are two areas where it is clear that as educators it is critical that we stay current, be willing to try new things, advocate for our program, and don’t be afraid to change. Our state convention is a great resource for accomplishing those things in addition to meeting up with old friends, networking and having the opportunity to spend time with other professionals “who get” just how important what we do is.

For me, attending the convention has always been an energizing event. It is something I plan on and look forward to every year. I hope that you can make it part of your ongoing process of professional growth and positive change.

We have a phenomenal list of speakers & presenters this year. On Monday our speaker will be **Alexis Glick, CEO of GENYOUth Foundation**.

“GENYOUth is committed to collaborating with students, schools, communities, business partners and thought leaders to identify solutions that improve nutrition and physical activity and aim to make a lasting difference in children’s lives. Our mission is to nurture children’s health and wellness in the school environment and surrounding community by raising funds, uniting partners with shared goals, and empowering youth to own change. We believe that when students are given a voice, change can happen.”

(www.genyouthfoundation.org)

On Tuesday our speaker will be **Dick Hoyt of Team Hoyt**. “Team Hoyt is an inspirational story of a father, Dick Hoyt, and his son, Rick, who compete together in marathons and triathlons across the country. Team Hoyt strives to help those who are physically disabled become active members of the community.”

In addition, we have several guest speakers: Monday’s schedule will also feature **Judy LoBianco**.

Judy is presently Supervisor of Health, Physical Education and Nursing Services, in the South Orange-Maplewood School District of New Jersey. She has taught in the public schools at the elementary, middle and high school levels and has held many offices and roles including President of both her state NJAHPERD and Eastern District Association. She is the recipient of several awards recognizing her excellence in administration and supervision of physical education and most recently is the recipient of the 2013 Channing Mann Physical Education Administrator of the Year, from the National Association for Sport and Physical Education which recognizes national excellence in leadership in administration of Physical Education.

Deb Tackman will be our National Health Speaker. Deb is a health education instructor at North High School in Eau Claire, Wisconsin. She has been recognized nationally for her ability to inspire the joy of learning in students through her creative approaches to teaching. Deb is a Disney Teacher Award Winner, received the USA Today National Teacher Award and she is the recipient of many national health educator awards.

Teresa Osborn will be our featured guest for Dance. Teresa is a MAHPERD favorite and is back by popular demand. Join the Zumba Party with Teresa and learn some new exciting rhythms and routines for your classes. Teresa teaches at the Redmond Senior Center specializing in a broad range of dance including Ballroom, Latin, Disco, Rock ‘n’ Roll, Swing, Salsa, C&W Line, Zumba and Zumba Gold for the older adult. She has been teaching dance to children and adults for 31 years and qualified as a Fellow of the “Imperial Society of Teachers of Dancing” (I.S.T.D) in UK.

It is my hope that each of you will participate in the **“Knock Your Socks Off”** sock donation drive. Together we can ensure that new socks are available to those in need.

I would like to thank all of the MAHPERD Board members for their work in securing presenters and a special thank you to Maria Melchionda, our executive director, without whom I assure you none of this would be possible.

Hope to see you at the Convention!

GENERAL SESSIONS at MAHPERD CONVENTION

MONDAY, NOVEMBER 4, 2013

Alexis Glick, CEO

GENYOUth Foundation



Alexis Glick, a veteran media personality and former Wall Street executive, is a strategic advisor for a wide range of media and finance companies. She recently helped launch the Fox Business Network, the largest cable news launch in history, where she served as Vice President of Business News and anchored "Money for Breakfast" and "The Opening Bell."

In addition to her consulting work, Glick has become a frequent guest and contributor to ABC's "Good Morning America," "AC360," "The Situation Room with Wolf Blitzer" and "Politically Incorrect with Bill Maher." She travels across the country speaking about a range of topics including the fate of the U.S. economy, the political climate in Washington, D.C. and her personal journey from running a business on Wall Street to covering Hurricanes, Super Bowls, Presidential elections and the largest financial crisis of our lifetime.

As Senior Fellow for the Kauffman Foundation, one of the largest in the country dedicated to education and entrepreneurship, Glick has become an emerging philanthropic leader. She is a strategic advisor to the Committee Encouraging Corporate Philanthropy, an international forum of business CEOs and chairpersons focused exclusively on corporate philanthropy. The organization was created by Paul Newman, John C. Whitehead and Peter L. Malkin.

Throughout her career, Glick has interviewed some of the world's most recognized leaders and newsmakers across politics, business and sports, including President Obama, Secretary of State Hillary Clinton, Senator John McCain, Warren Buffett, Rupert Murdoch, Muhtar Kent, Jamie Dimon, Ken Chenault, Andrea Jung, Meg Whitman, Sir Richard Branson, Bob Iger, Tiger Woods, Kobe Bryant, Jerry Bruckheimer, Justin Timberlake, Oscar De La Hoya, Russell Simmons and Mike Krzyzewski.

Prior to joining Fox News, Glick was a correspondent for NBC News's "Today Show," where she co-anchored the third hour of the program with Katie Couric, Matt Lauer, Al Roker and Ann Curry. Before joining "Today," she was the senior trading correspondent for CNBC and reported from the floor of the New York Stock Exchange for CNBC's flagship morning program "Squawk Box."

Earlier in her career, Glick was an executive at Morgan Stanley where she headed floor operations at the New York Stock Exchange. A member of the New York Stock Exchange since 2002, she was the first and youngest woman to manage such an operation for a bulge bracket firm, and served as one of its top producers on the Listed Equity Trading Desk. She began her career as an analyst at Goldman Sachs in the Equities Division.

Ms. Glick is a graduate of Columbia University and serves as a member of the board of directors of the Columbia College Alumni Association. In 2006 she was awarded Columbia's John Jay Award for distinguished professional achievement. She's been featured in Metropolitan Home, W, Fortune, New York Magazine, Glamour, Men's Health, The Wall Street Journal and The New York Times among others. She is the proud mother of four young children.

TUESDAY, NOVEMBER 5, 2013



Team Hoyt

Together — You Can Do Anything!

Rick Hoyt uses a wheelchair. That has not stopped him from living a very full and amazing life. He's competed in the Boston Marathon 30 times and in Ironman Triathlons six times. He, along with his dad, Dick, have formed "Team Hoyt" and they have competed around the world doing marathons and triathlons.

The Hoyts have competed in over 1090 athletic events in the last 34 years. They have run in 70 marathons — 31 of them being the Boston Marathon. They have also completed in 252 triathlons, 6 of them being Ironman distance events.

Dick, 73, is a retired Lt. Colonel, having served in the military for 35 years. Rick, 51, is a graduate of Boston University with a degree in Special Education.

Rick was born in 1962 as a spastic quadriplegic with cerebral palsy and as a non-speaking person — but despite these disabilities, Rick's mind and spirit have always been strong. His family supported his quest for independence and inclusion in community, sports, education and the workplace, culminating with his graduation from Boston University.

Dick travels the country doing corporate and community presentations, educating the public about disability awareness and promoting the Team Hoyt motto, "Yes You Can". Through his presentation, Dick shares his lifelong commitment to changing attitudes and educating others on the world of disabilities. He and his family have seen an impact from their efforts in the area of public attitude toward people with disabilities.

You may visit their website at www.teamhoyt.com to learn more about their story and see many pictures of their journey through their 34 years of racing.

MAHPERD is honored to have National & Internationally Recognized Speakers from our HPERD professions at this Year's Convention!

Featured DANCE Speaker

Teresa Osborn

Join the Zumba Party with Teresa and learn some new exciting rhythms and routines for your classes. Zumba is a great cardiovascular workout using rhythms from around the world. This is a good way for your students to keep fit, have fun and come back for more. See you on the dance floor!

Teresa teaches at the Redmond Senior Center specializing in a broad range of dance including Ballroom, Latin, Disco, Rock 'n' Roll, Swing, Salsa, C&W Line, Zumba and Zumba Gold for the older adult.

She has been teaching dance to children and adults for 31 years and qualified as a Fellow of the "Imperial Society of Teachers of Dancing" (I.S.T.D) in UK. Currently she holds the position of Dance Representative for the NWD of AAHPERD and also serves on the Dance Educators Association of Washington. Teresa is AFAA and Zumba Certified. During her time as Vice President for Dance for MAHPERD, she written two dance syllabuses 'A Social Dance Unit for Elementary Schools' and 'A Social Dance Syllabus for the Middle and High Schools' and she is a frequent lecturer at Annual Conferences throughout New England and the NWD to Physical Educators. Teresa has presented nationally for AAHPERD and, in 2011, am currently the committee chair on the DEOY Committee K12. This year shewill once again be organizing the annual "Thrill the World" Charity Event in Redmond WA on October 2013.



Monday Guest Speaker

Judy LoBianco

**2013 Channing Mann Physical Education
Administrator of the Year**

Judy is presently Supervisor of Health, Physical Education and Nursing Services, in the South Orange-Maplewood School District of New Jersey.



She has taught in the public schools at the elementary, middle and high school levels and has held many offices and roles including President of both her state NJAHPERD and Eastern District Association. She is the recipient of several awards recognizing her excellence in administration and supervision of physical education and most recently is the recipient of the 2013 Channing Mann Physical Education Administrator of the Year, from the National Association for Sport and Physical Education which recognizes national excellence in leadership in administration of Physical Education.

Deb Tackmann National Speaker Health



Deborah Tackmann was recently inducted into the 2012 National Teachers Hall of Fame.

Deb is a health education instructor at North High School in Eau Claire, Wisconsin. She has been recognized nationally for her ability to inspire the joy of learning in students through her creative approaches to teaching. Deb is a Disney Teacher Award Winner, received the USA Today National Teacher Award and she is the recipient of many national health educator awards. An author, a health consultant, a coach, a university faculty member, a mother, and last but not least, Deb is a teacher with a passion to inspire and empower kids to be happy, healthy and successful in life. Her presentations will make you think, make you laugh, as well as energize and empower you to be the very best professional you can be in the 21st Century!

President Elect's Message

Michelle Moosbrugger, Ph.D.

Final preparations are underway for an impactful MAHPERD Fall 2013 Convention! Reading through the convention program, I am struck by the diversity of sessions available - while all sessions aid us in fulfilling our professional responsibilities. Whether you are a student, an in-service educator, a recreation or dance professional, or a healthy lifestyle enthusiast, you'll find a myriad of sessions and experiences just for you! Opportunities for networking and catching up with colleagues also abound. Be sure to stick around until the end of the convention on Tuesday when we'll celebrate with the fun-filled MAHPERD Extravaganza! Check out the convention program online to begin to plan your days and take full advantage of your time. I'll see you there!

While we're quite focused on the fall convention now, please also reserve **Friday, March 21st** for the Spring Conference. The conference will be held at Westfield State University. Specific information will be shared in an upcoming newsletter, but here's a brief "sneak peak": sessions will be built around best practices in collaborating and partnering with others, including non-profit organizations, families and communities, administrators, and colleagues in allied professions.

Part of forging strong relationships with others is recognizing the good work that our colleagues do on a daily basis, and over the course of a career. In that vein, please consider nominating an outstanding individual for one of the MAHPERD awards. See the MAHPERD website for details and nomination forms.



KNOCK YOUR SOCKS OFF!!!



Every year MAHPERD gives back to the local communities by collecting needed items for donation. This year MAHPERD President Sheryl Hall decided to ask convention attendees to bring packages of new socks. People who are on a limited income often do not have money for new clothing. Fortunately there are a number of used clothing outlets to purchase most things for a small fee. However, socks are not an item that is reused/resold. As members of the allied health field we know the importance of good footwear, especially socks that fit properly to avoid blisters or sore spots. For every package of socks donated, the attendee will be given a raffle ticket for a chance to win prizes, including paid membership in MAHPERD for 2014-2015.



The more socks you bring, the more raffle chances you will have so get your schools involved to help you collect as many packages of socks as possible. Let's make this a 'sock'cessful event and **KNOCK THEIR SOCKS OFF!**

[Preliminary Convention Program Link](#)



Massachusetts Association for Health, Physical Education, Recreation and Dance

1st Annual

Early Childhood Physical Education/ Physical Activity Workshop

Move to Learn



Tuesday, November 5, 2013

9:00am - 12:00 noon

MAHPERD Annual State Convention

DCU Center, Worcester, MA

Cost: \$75.00

MAHPERD /EDA Elementary Physical Education Teacher of the Year,

Barbi Kelley will be our featured speaker.

Guidelines, appropriate practices, movement activities and an array of resources will be shared as well as a chance to try some early childhood equipment, geared specifically for 3-5 year olds! **All preschool teachers and early childhood educators are invited!** So spread the word to your colleagues for this fantastic opportunity!

Pre-registration is available on the website at: www.ma-hperd.org

Sponsored by

MAHPERD, Play with Purpose and SPARK PE!



Directors, coordinators and teachers of health and physical education: Please pass this information onto your **preschool teachers within your district!**

Thank You!

From the Desk of the Executive Director

Maria Melchionda

The more conversations I have had within various meetings across the state, the more I realize that our professions ARE making a difference! MAHPERD is well connected with most organizations who have the same core goals as we do! We have gained many new partners along the way and look to build communities of healthy children and parents one community at a time through grassroots efforts.

The Convention is a time to get informed. I particularly invite you to Monday's Special General Session where your President, Sheryl Hall and I will be informing you on the legislative efforts, projects and initiatives with MAHPERD and the state of MA as well as DESE updates on teacher evaluations. Make it your priority to attend as you will also gain resource information that will be helpful to your programs!

Remember the quote:

*"The mediocre teacher tells.
The good teacher explains.
The superior teacher demonstrates.
The great teacher inspires."*

— William Arthur War

Look forward to getting inspired on November 4-5th!

A project born from a MAHPERD Convention . . .



*Join us in watching a
Premier Documentary:*

"Embracing Our Strength"

This film takes you inside a public Massachusetts high school classroom that offers this unique class as a part of their graduation requirement for Fitness and Health. Follow the journey these students take in this experiential self-defense program. This is a story about tragedy and loss and inspiration and empowerment.

**Monday, November 4th — 12:30-1:30
North Ballroom**

MAHPERD Convention Hotel

Reserve a room with the Hilton Garden Inn to enjoy the complete convention experience!



35 Major Taylor Boulevard, Worcester, MA, adjacent to DCU Center

(Room rates are:(\$105/Single. \$105/Double. \$115/Triple. \$125/Quad
Reservations must be received by October 11, 2013.

Reserve your room by calling **508-753-5700** and let them know that you are with the **MAHPERD Convention!** Check-in: 4:00 PM Check-out: 12:00 Noon

Parking is across the street in the covered garage please pull behind the hotel to unload your luggage prior to parking your car.

Note: Major Taylor Blvd. was Worcester Center Blvd and may not be in all GPS systems or found in MAP quest at this time, we advise you use 35 Worcester Center Blvd.

DIRECTIONS:

South from Maine: I-95 South to 495 South to 290W. Get off Exit 16. Make right at the bottom of ramp. At the third set of lights the hotel will be on the right.

From Boston: Take Mass Pike West I-90. Take exit 10A (Worcester/Providence). At first set up lights take a right towards 146 North. Merge onto 290 East. Take exit 16 (Downtown Worcester). At end of ramp take a right onto MLK Blvd. Continue straight through three sets of lights. Hotel is across the street from the DCU Center on the right.

North from Hartford: North on I-84 to mass Turnpike I-90 East to Exit 9 Auburn. Take 290 East to Exit 16. Left off ramp. At the third set of lights the hotel will be on the right.

From Springfield: Take Mass Turnpike East to Exit 10- Auburn Route 290 East to Exit 16, left off ramp. At third set of lights, the hotel will be on your right.

CALLING ALL STUDENTS!

*Get your teams together
and make a great showing
for your college/university!*

The Annual College Superstar Field Day Challenge!

Monday, November 4th — Activity Areas 1 & 2
11:30 am-12:20 p.m.

Generously Sponsored by **GOPHER**



Mark Your Calendar!



MAHPERD ANNUAL CONVENTION

Monday, November 4 & Tuesday, November 5, 2013

DCU Center, Worcester, MA

MAHPERD Spring One Day Conference

March 21, 2014

Westfield State University

Eastern District Association Convention

"All Aboard, Set Sail for New Horizons"

February 26-March 1, 2014

Newport, RI

AAHPERD National Convention

April 1-5, 2014

St. Louis, MO

MAHPERD Awards Banquet

Sunday, April 13, 2014

Doubletree Hotel, Westborough, MA

MAHPERD Annual Adapted Physical Education Conference

Friday, May 9, 2014

Mass. Hospital School, Canton, MA

ATHLETICS

ALI RHEAUME

Countdown to Convention! I am sure you are looking forward to this year's fall MAHPERD convention more than ever after unfortunate weather held us from collaboration last November! As we get closer to the convention date, you can begin to decide which sessions best suit your interests and needs in order to get the most out of the professional development. In the realm of Athletics, we have seven sessions for you to attend – here are some highlights of what you have to look forward to:

- **Elizabeth Mullin** from Springfield College: *Teaching Athletes to Focus to Increase Return on Investment* – get your athletes to “focus the moment they walk in the door”
- **Anthony D’Amico** from Springfield College: *The Effects of Massage on Performance* – material about “massage and its effects on performance during exercise” as well as how to incorporate it into your “athletic or wellness programs”
- **Larry Moore**, Outreach Educator: *Sliding Baseball Across the Curriculum* – information about the “education modules” offered by the Baseball Hall of Fame
- **Roger Anderson** from Westborough High School: *The Whole Program Approach: Under a Big Tent* – discuss “philosophies of coaching” with an emphasis on “valuing everyone in your entire program”
- **Lynn Pantuosco-Hensch** from Westfield State University: *Youth Sport Bloggers* – use web resources to “examine the world of youth sports from a motor development perspective”; *Sports Medicine Snap Shots* – learn the “latest trends, related research, and practical applications” in Sports Medicine
- **Dr. Mimi Murray and Tobie Langsam** from Springfield College: *Sports Psyching Techniques: The Latest and Greatest* – presentations about “effective performance enhancement techniques”

You especially do not want to miss Tuesday's General Session with **Team Hoyt – Rick and Dick Hoyt** with their inspirational presentation titled *Together – You Can Do Anything!* See you there!

C-TAPE

C-TAPE Opportunities at the Convention!

(Cities and Towns Admistrators of Physical Education)

For all Directors, Coordinators & Lead Teachers

of Physical Education

Two informative sessions on

Monday, November 4, 2013

10:30-11:30 – Discussions in Physical Education

Topics as teaching pedagogy; common assessments; pre & post assessing; common lessons via Scope and Sequence and Curriculum Mapping will be discussed as well as what districts are using for common tools/assessments; data collection and if physical education is valued in the school district. Districts that do not have a coordinator or director, lead teachers sometimes hold the burden or there is no real direction. If teachers attend this session, first steps to take for support will be discussed.

12:30-1:30 ~Conversations continued from Session I

PHYSICAL EDUCATION

DEB PINTO
MAHPERD Physical Education, Vice President-Elect

ATTENTION ALL MAHPERD Members!

AAHPERD has announced new . . .

National Standards & Grade-Level Outcomes for K-12 Physical Education

The goal of physical education is to develop physically literate individuals who have the knowledge, skills and confidence to enjoy a lifetime of healthful physical activity.

To pursue a lifetime of healthful physical activity, a *physically literate individual*:

- Has learned the skills necessary to participate in a variety of physical activities.
- Knows the implications of and the benefits from involvement in various types of physical activities.
- Participates regularly in physical activity.
- Is physically fit.
- Values physical activity and its contributions to a healthful lifestyle.

Standard 1 - The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

Standard 2 - The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Standard 3 - The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

Standard 4 - The physically literate individual exhibits responsible personal and social behavior that respects self and others.

Standard 5 - The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

Coming April 1, 2014: National Standards & Grade Level-Outcomes for K-12 Physical Education.

HEALTH

JEFF BARTLETT
MAHPERD Health Vice President

The Health Education slate for MAHPERD is full of exciting topics presented by enthusiastic educators and others in the health education field. Those attending the health education sessions will find themselves returning to their school districts or work sites with plenty of resources they can implement into their work immediately.

Returning to the Convention this year is nationally renowned health educator **Deborah Tackman**, who is sure to “wow” convention attendees with her “**Outrageous Teaching Techniques**” sessions.

For those looking to implement a more skills-based approach into their health education curriculum, **Dr.**

Sarah Sparrow Benes of Boston University will present a workshop entitled, “**Got Skills? Implementing NHES Skills Into Your Health Curriculum.**” Practical ideas and strategies for classroom use will be discussed during this interactive session.

Additional health education sessions offered at MAHPERD include workshops about skills based grading, using sign language in the classroom setting, and interdisciplinary implementation of health education, in addition to many more topics.

Please check out the complete MAHPERD program for all health education sessions; I promise you will not be disappointed!

MAHPERD & Ray & Sons Cyclery

Gear Up for Healthy Active Lifestyles!

Many thanks to Ray & Sons Cyclery
in Maynard, MA
for their donation of a
Torker Boardwalk Bicycle
as a raffle prize to kick off our



Bicycling for Healthy Living Initiative!

This will be a grassroots effort
as MAHPERD will be partnering with
“Coach Cate” and other organizations in Massachusetts
to make this a reality!

We encourage all HPERD professionals
to be part of starting a bicycle unit within your
K-12 Health and Physical Education program.

More information at Monday's General Session!



energized by
Reebok

boks

build our kids' success

BOKS (Build Our Kids' Success), is a free before-school physical activity program aimed to get kids bodies moving in the morning and their brains ready for a day of learning.

Bring BOKS To Your School!

BOKS, an initiative of Reebok and the Reebok Foundation, is providing a \$1,000 incentive for up to 500 schools. School staff, parents, and active community members are invited to apply for the BOKS Activation Grant to support the launch of BOKS in their elementary schools.

Time is running out!

Visit BOKSKIDS.org to become a BOKS champion today.

*Applications will be accepted on a rolling basis through December 2013.



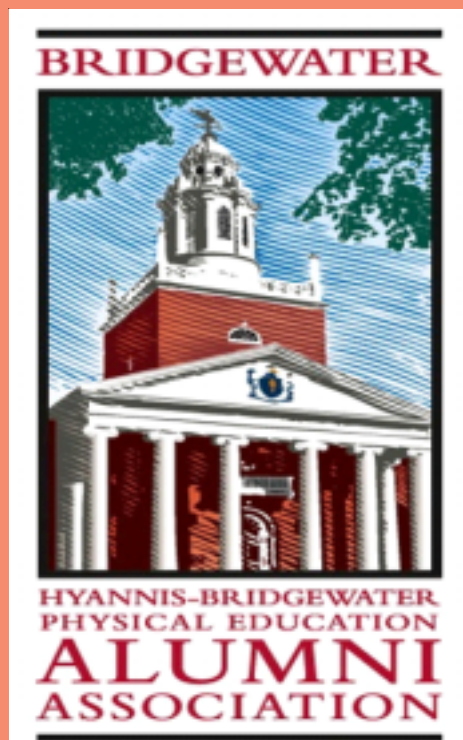
**Active kids
do better.**

Sign up at
letsmoveschools.org



**Let's Active
Move. Schools**

Tuesday, November 5th, 9:00-10:00 a.m.



*MAHPERD is honored to host the 2013
Hyannis-Bridgewater Physical Education
Alumni Association*

Moriarty Lecture

**"Exemplary Physical Education Practices:
Empowering Educators to Reach Their Own
Peak Performance"**

Guest Lecturer: Emily Manion '03

The Hyannis-Bridgewater Physical Education Alumni Association sponsors the annual Moriarty Lecture. The Moriarty Lecture was established to memorialize Dr. Mary Jo Moriarty who was a faculty member from the establishment of the Physical Education program at Hyannis State College in 1937 until her retirement in 1970 as professor and chair of the Physical Education Major Program and the Department of Health and Physical Education and Bridgewater State University.

MAHPERD Awards Revised

We are pleased to announce the revision of the MAHPERD Awards. The changes reflect the importance of keeping the awards current and to provide a clearer understanding of the criteria required for each award. The changes will go into effect on September 1, 2013. If you have been nominated within the past two years your award status will not change. All award nominations as of September 1, 2013 must now follow the new guidelines. – Cindy Coughlin, MAHPERD Awards Chairperson

Joseph McKenney Award The Joseph McKenney Award is the highest award the Association can bestow on a member in recognition of distinguished service to one or more of the professions in the Association. Only one such award can be presented annually. To be considered for this prestigious award, nominees must meet the following criteria:

1. The candidate must have demonstrated exemplary service, leadership, and contributions to the profession, MAHPERD and the youth of the state.
2. The candidate should reflect the spirit of devoted service to the profession and creative leadership in the field.
3. The candidate must have held membership with MAHPERD for at least fifteen years and an AAHPERD membership for at least five years.
4. The candidate must have served as a MAHPERD Executive Board member or have volunteered service to the MAHPERD Organization.

Honor Award The Honor Award is a noteworthy award given to a member who has made significant strides in the fields of Health, Physical Education, Recreation or Dance. To be considered for this award, nominees must meet the following criteria:

1. The candidate should be a Health, Physical Education, Recreation or Dance professional whose life and contributions have inspired youth of the state within the field.
2. The candidate must be a current member of MAHPERD.
3. The candidate must demonstrate outstanding ability as a teacher, practitioner or administrator in the field.
4. The candidate shall have contributed to the profession through one or more of the following ways: publications, speeches, demonstrations, appearance on professional programs, committee service, or serving as an officer in a professional association.
5. The candidate must have a minimum of 10 years experience in their current specialized field.

Physical Education Teacher of the Year (TOY)

A Physical Educator is defined for the purposes of these awards as an individual who has major responsibility for teaching Physical Education in grades K-12 for a specific school system. The teacher must be a person who:

1. Has a minimum of a 10 years teaching experience in Physical Education.
2. Conducts a balanced and sequential curriculum that reflects an understanding of child growth and development.
3. Utilizes various teaching methodologies and plans innovative learning experiences to meet the needs of all.
4. Serves as a positive role model epitomizing personal health and fitness, enjoyment of activity, sportsmanship, and sensitivity to the needs of students.
5. Participates in professional development opportunities.
6. Serves on state/district/national committees and/or presents at workshops or programs at these sites.

7. Current member of MAHPERD and AAHPERD/NASPE.
8. A full-time teaching contract and certification in Physical Education with a minimum of 60% of total teaching responsibility in teaching Physical Education.

RULES FOR NOMINATION/APPLICATION

1. Any Physical Educator who meets the eligibility requirements and exemplifies the criteria may apply, or be nominated by a colleague.
2. Teachers may have responsibility for teaching grades which cross different levels, but applications should be submitted for the level which represents 50% or more of their Physical Education teaching assignment.
3. Nominations must be submitted typewritten, following the format for applications.

Health Teacher of the Year

The purpose of the Health Award is to publicly recognize an outstanding Hands-on practitioner who has made valuable contributions in the area of Health. Nominees must meet the following criteria:

1. Be currently teaching in the field of Health.
2. Be a current member of MAHPERD.
3. Have been in the Health profession for a minimum of 10 years.
4. Have contributed to the profession through one or more of the following ways: publications, speeches, demonstrations, appearance on professional programs, committee service, serving as an officer of a professional Association.

Amelia Riou Award

The purpose of the Amelia Riou Award is to publicly recognize a member who has made outstanding valuable contributions in the area of Adapted Physical Education. Nominees must meet the following criteria:

1. Be currently teaching in the field of Adapted Physical Education.
2. Be a current member of MAHPERD.
3. Have been in the Adapted Physical Education profession for a minimum of 10 years.
4. Have contributed to the profession through one or more of the following ways: publications, speeches, demonstrations, appearance on professional programs, committee service, serving as an officer of a professional Association.

Dance Educator of the Year

The purpose of the Dance Teacher of the Year Award is to publicly recognize a member who has made valuable contributions in the area of Dance. Nominees must meet the following criteria:

1. Be currently teaching in the field of dance.
2. Be a current member of MAHPERD
3. Have been in the dance profession for a minimum of 10 years.
4. Have contributed to the profession through one or more of the following ways: publications, speeches, demonstrations, appearance on professional programs, committee service, serving as an officer of a professional association.



Massachusetts Association for Health, Physical Education, Recreation & Dance

PO Box 182
Attleboro, MA 02703
774-254-4657 Phone & Fax
riley@ma-hperd.org
www.ma-hperd.org

Membership Application/Renewal/Registration Form

Memberships	
Professional	\$75.00
Retired	\$10.00
Full Time Student	\$20.00

Convention Pre-Registration	
Professional 1 Day	\$125.00
Professional 2 Days	\$140.00
Retired	\$35.00
Full Time Student	\$35.00

Convention On-Site	
Professional 1 Day	\$140.00
Professional 2 Days	\$160.00
Retired	\$50.00
Full Time Student	\$50.00

Member #: _____ (Leave blank if you don't know) New: ___ Renewal: ___ Rejoin: ___

Name: _____ Home Address: _____

City/Town: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email: _____

School/Business: _____ School/Business City/Town: _____

Professional Responsibilities (Check all that apply)					
Responsibilities: <input type="checkbox"/> Teacher	<input type="checkbox"/> Coach	<input type="checkbox"/> City/Town Director	<input type="checkbox"/> Dept Head	<input type="checkbox"/> Other	
Field: <input type="checkbox"/> PE	<input type="checkbox"/> Health	<input type="checkbox"/> Adapted PE	<input type="checkbox"/> Recreation	<input type="checkbox"/> Dance	<input type="checkbox"/> Other
Level: <input type="checkbox"/> Elementary	<input type="checkbox"/> Middle	<input type="checkbox"/> HS	<input type="checkbox"/> College	<input type="checkbox"/> Other	

***Student membership status is for full time students only (9 credits per semester, proof required)**

Current Full Time Student: _____

College	Major	Year of Graduation
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Voluntary donation for "Legislative Initiative 2013-2014"

Please consider including a voluntary donation, in addition to your annual dues, with your 2013-2014 membership. Add "whatever you can afford" to aid in this critical campaign for the new law for Quality Physical Education. I am contributing \$5 \$10 \$20 Other (\$_____) as my support for the MAHPERD Legislative Initiative.

Registration for the 2013 MAHPERD Annual Convention - Nov 4 & 5

1. 2013-2014 membership required to register for the convention, unless you choose to register as a non-member. (non-member registration is \$275.00)
2. Convention pre-registration must be completed online, faxed or "postmarked" & include check or purchase order by **Wednesday, Oct 23** to receive the pre-registration rate.

Enclosed is a check or purchase order for:

\$_____ Membership (There are no refunds on memberships)

\$_____ Registration

Please check day(s) attending - Monday___ Tuesday___ Both Days___

\$_____ Non-member registration (\$275.00)

\$_____ Voluntary Donation

\$_____ Total

Mail to: MAHPERD, PO Box 182, Attleboro, MA 02703

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Sign up to be a Program Advisor today!

Fuel Up to Play 60, the in-school nutrition and physical activity program from National Dairy Council, local Dairy Councils and National Football League, in collaboration with United States Department of Agriculture (USDA), is helping to make wellness part of the game plan in nearly 73,000 schools across the country.

As Program Advisor, you're the program champion. You engage and empower students as they help implement **Fuel Up to Play 60**, and you encourage other adults to get involved, too. You also give your school a chance for rewards and recognition. In fact, only schools with Program Advisors can apply for Funds for **Fuel Up to Play 60**! Plus, special perks are available, and they're for Program Advisors only!

Make **Fuel Up to Play 60** happen in your school. Join **Fuel Up to Play 60** today — or log in to your Personal Dashboard if you're already enrolled — and sign up to be a Program Advisor today, at FuelUpToPlay60.com.

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Eat Healthy. Get Active. Make a Difference.

Funding Opportunities for Fuel Up to Play 60 Are Available to Help Schools Make Healthy Changes!

Fuel Up to Play 60, the in-school nutrition and physical activity program from National Dairy Council, local Dairy Councils and the National Football League, in collaboration with United States Department of Agriculture (USDA), is helping to make wellness part of the game plan in nearly 73,000 schools across the country.

Funding opportunities for **Fuel Up to Play 60** are available to K-12 schools enrolled in **Fuel Up to Play 60**. The competitive, nationwide funding program is designed to support schools that implement Plays from the 2013-14 edition of the **Fuel Up to Play 60 Playbook**.

Whether you're just starting out with **Fuel Up to Play 60** or looking to expand and extend an initiative that's already in motion, funds for **Fuel Up to Play 60** can help. Learn more at FuelUpToPlay60.com.

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