

# Physical Activity Bingo



high five



lie down



alternate  
kneel



touch toes



the wave



reach



sit down



step  
sideways



turn  
around



walk



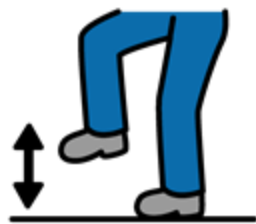
stand up



jumping  
jack



jump high



march

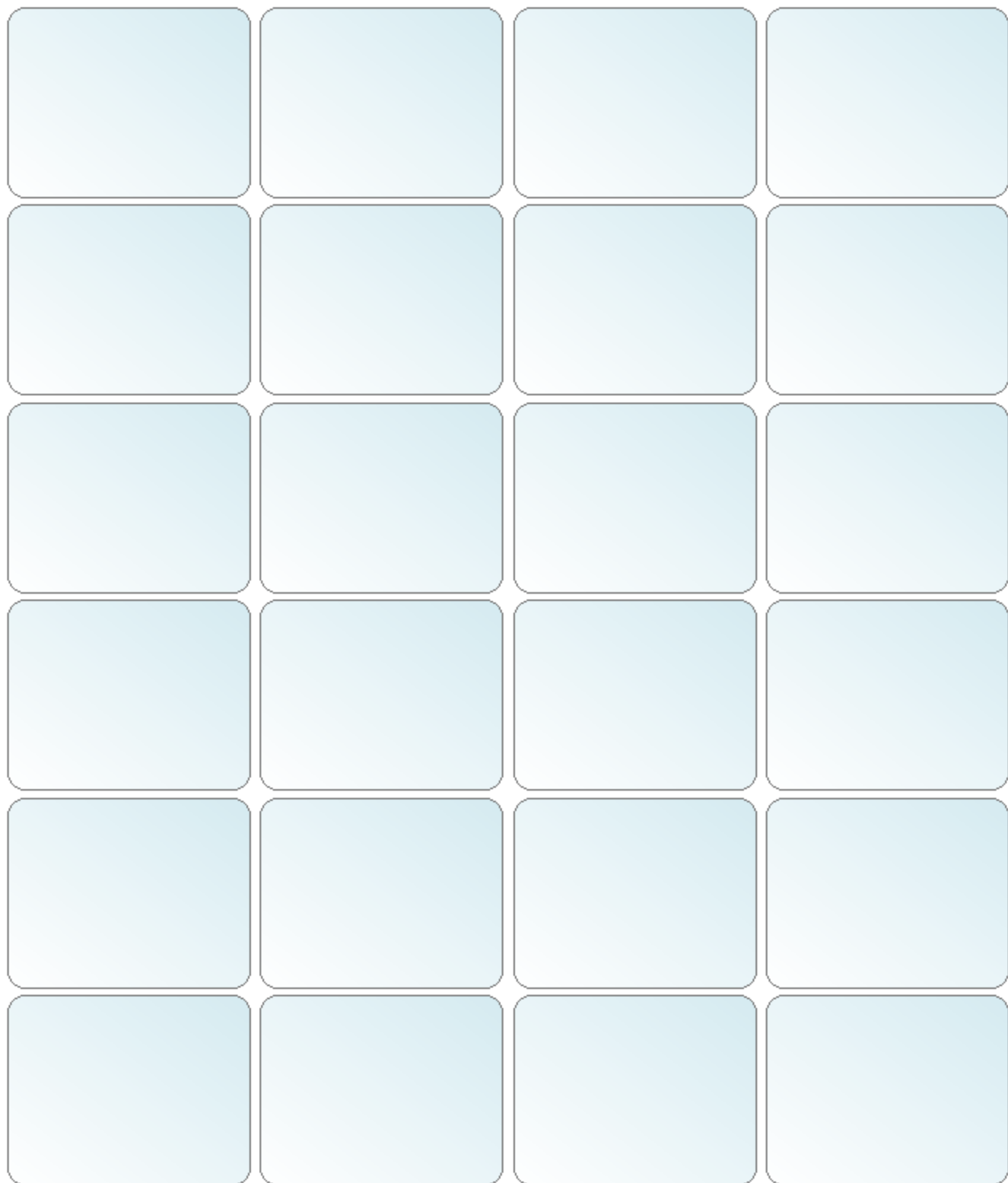


tap  
shoulders



bend

# Bingo Calling Card



Place symbols and labels on the Bingo Playing Card. Select all the buttons, right-click and select Shuffle to move the pieces around. Put in different items from the Bingo Calling Card in order to create additional playing cards.

Cut out the tokens and have the student place them on the bingo squares when an item is called.

