



Skills-Based Social/Emotional Learning

- CIP code 131307 • For licensure: 37 credits, 4 terms full-time
- Non-licensure: 32 credits, 3 terms full-time • Program approved by the Mass. Dept. of Elementary & Secondary Education (ESE) for Health/Family & Consumer Science (all levels) initial licensure

The Teacher Education Program at Cambridge College is awarded **TEAC accreditation** by the Inquiry Brief Commission of the Council for the Accreditation of Educator Preparation (CAEP) for a period of five years, from May 2014-May 2019. The accreditation does not include individual education courses that the EPP offers to P-12 educators for professional development, re-licensure, or other purposes.

Program Description — The Health /Family & Consumer Science initial licensure program prepares health educators to be proficient in the Massachusetts Professional Standards for Teachers, the National Health Education Standards, and the CAEP health education teacher education (HETE) standards. Program completers are career-ready, technologically savvy, exhibit inter-cultural competence and are equipped to advance social justice.

Learning Outcomes — Graduates demonstrate expertise in health education content, able to conduct a needs assessment, plan and implement curriculum, assess student learning, coordinate school health, advocate for health education, and serve as a resource to the school, students and their families, and the community.

They exhibit confidence in their ability to teach comprehensive skills-based health education as a component of coordinated school health; identify student risk factors and help young people reduce those behaviors to improve their personal health and academic performance. They utilize inclusive practices to create a safe and collaborative learning environment that fosters positive socio-emotional development. They set high expectations for all students; implement well-structured lessons, with measurable assessments of learning; and engage in ongoing reflection on practice. They personalize their learning through an Independent Learning Project that enhances their preparedness as a professional educator.

Careers — Graduates teach (preK-12) and work as health educators in many settings: local health departments, hospitals and clinics, business and industry. In colleges, they also teach courses and conduct research.

SEI endorsement optional — Health/Family & Consumer Science students are not required to be endorsed in Sheltered English Immersion. Students interested in SEI endorsement should take SEI605.

Non-licensure option: All program components are required (including pre-practicum) *except* for SEI, Practicum, Practicum Seminar, and MTEL exams.

Program and course schedule subject to change.

Program chair: Mary Connolly, CAGS, CHES
 • mary.c.connolly@go.cambridgecollege.edu

Action Research.....8 credits

EHE691N-694N Action Research I-IV
 (4 terms @ 2 credits).....every term

Courses 24 credits

- EHE610 Principles of Health/Social Emotional Promotion & Public Health Issues Fall
- EHE620* Implementing Curriculum in the Health/SEL Classroom Fall
- EHE630* Teaching About Human Sexuality Fall
- EHE640* Promoting Wellness: Building Positive Health/SEL Behavior. Spring
- EHE650* Preventing Unintentional Injury & Violence Spring
- EHE680 Health-SEL Skills for Risk Reduction & Positive Behavior Change Spring
- EHE660* Promoting Mental/SEL Health Through School-Based Intervention. Summer
- EHE670 Improving School Health/SEL Through Coordination Summer

Note: Asterisk (*) indicates pre-practicum experience required.

Practicum Prerequisites

- Pass all teacher tests required by the state for this license. Massachusetts: Communication & Literacy and Health/Family & Consumer Sciences (MTEL).
- Completed course in anatomy and physiology.
- Pre-Practicum field experiences occur in selected courses.
- Pass all required courses.
- Submit Practicum Application and Practicum Placement Approval Form.

Practicum & Seminar (licensure students only)....5 credits

HEA790 Practicum – 300 hrs: 150 hrs in an elementary school setting & 150 hrs in a secondary setting (3 credits)
 Guided and evaluated by a licensed/certified educator in the classroom and a Cambridge College supervisor. Practicum locations are subject to ESE regulations and must be discussed with the program chair and approved by the pre-practicum/practicum coordinator.

HEA791 Practicum Seminar (2 credits)
 Electronic exit portfolio (Taskstream) required for credit.

(All courses @ 3 credits except as noted.)



Graduate certificate

Health/Social Emotional Education Certificate for School and Community • CIP code 131307

12 credits, 2 or more terms

Program Description — This Health Education certificate is for physical educators, community and public health educators, wellness and fitness center employees who want current knowledge of health and how to teach it effectively. Students learn to teach skills-based health education based on the Massachusetts performance indicators and the National Health Education Standards.

Two courses are required and two are selected from the initial licensure courses of the Health and Family & Consumer Sciences master's program.

Learning Outcomes include increased competency in health education content and teaching skills.

Pre-Practicum field experience: Students completing the certificate do not need to complete pre-practicum field experiences. However, students who matriculate at a later time must complete all pre-practicum field experiences associated with these courses.

Successfully completed courses may be accepted into the Health, Family & Consumer Science initial licensure program if taken within 5-7 years of matriculation (subject to change).

Program and course schedule subject to change.

Program chair: Mary Connolly, CAGS, CHES
• mary.c.connolly@go.cambridgecollege.edu

Required Courses 6 credits

- EHE620 Curriculum Implementation in the Health Classroom Fall
- EHE630 Growth & Development, Human Sexuality & Family Management Skills Fall

Electives in Health Education choose 6 credits

- EHE610 Principles of Health/Social Emotional Promotion & Public Health Issues Fall
- EHE640* Promoting Wellness: Building Positive Health/SEL Behavior. Spring
- EHE650* Preventing Unintentional Injury & Violence Spring
- EHE680 Health-SEL Skills for Risk Reduction & Positive Behavior Change Spring
- EHE660* Promoting Mental/SEL Health Through School-Based Intervention. Summer
- EHE670 Improving School Health/SEL Through Coordination Summer

(All courses @ 3 credits except as noted.)



Graduate certificate

Skills-Based Physical Education/ Social Emotional Learning Certificate

• CIP code 131307 • 12 credits online, 2 or more terms

Program Description — This Physical Education/Social Emotional Learning (SEL) certificate provides graduate course work based on SHAPE America's Grade Level Outcomes for K-12 Physical Education and the CASEL Social Emotional Competencies, for educators to enhance their knowledge of physical education content and pedagogical skills.

Students with a Massachusetts initial license in Physical Education may submit the credits earned in this program when applying for or renewing their Massachusetts professional license.

Learning Outcomes include increased competency in teaching physical/SEL education .

Courses 12 credits

- EHE708 Adventure Education. Fall
- EHE706 Assessment in Physical/Social Emotional Education. Spring
- EHE702 Quality Programming in Physical/Social Emotional Education. Summer
- EHE704 Best Practices in Physical/Social Emotional Education. Summer

Please Note: These programs have not yet been approved for financial aid.

Program and course schedule subject to change.

Program chair: Mary Connolly, CAGS, CHES
• mary.c.connolly@go.cambridgecollege.edu

Graduate certificate

Skills-Based Health/Social Emotional Learning Certificate • CIP code 131307

12 credits online, 2 or more terms

Program Description — This Health/Social Emotional Learning (SEL) certificate provides graduate course work based on the National Health Education Standards and the CASEL Social Emotional Competencies, for educators to enhance their knowledge of health content and pedagogical skills.

Students with a Massachusetts initial license in Health/Family & Consumer Science may submit the credits earned in this program when applying for or renewing their Massachusetts professional license.

Learning Outcomes include increased competency in teaching skills-based health/SEL education.

Courses choose 12 credits

- EHE716 Health/Social Emotional Education for the Language-Diverse Classroom Fall
- EHE703 New Perspectives in Teaching Human Sexuality Fall
- EHE705 Promoting Health-Social Emotional Wellness in Media-Saturated Society Spring
- EHE711 Evaluation of the School Health Program. Spring
- EHE715 Cultural Proficiency in Health-Social Emotional Classroom Summer
- EHE701 Current Research on the Interrelations of Risk Factors Summer
- EHE707 Violence Prevention in Today's School Environment Summer
- EHE713 Assessing Health/Social Emotional Literacy. . . . Summer