

**Bridgewater State University - Course Search Criteria**

Term Code: 201990  
 Credit Type: G  
 Subject(s): Health,Physical Education  
 Attribute(s): All Attributes

Schedule Type: All Types  
 Campus: All Campus  
 Day of Week: Any Day  
 Time: Any Time  
 Keyword(s):

**HEAL 401 - Human Sexuality**  
 (Undergraduate, Graduate)

This course deals with issues of sexual response, including dysfunction and reproduction. Also included are discussions of sexual styles and expressions as they impact upon the biosocial and political climate of the times. Topics of in-depth analysis may focus upon IVF issues, fertility control and sexually transmitted diseases. May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc | Days | Time | Start/End       | Add/Drop | Instr | Credits |
|-------|-----|--------|-------------|-----|------|------|-----------------|----------|-------|---------|
| 90929 | W01 | Open   | Main Campus | WEB |      |      | 9/4/19-12/19/19 | 9/11/19  | Leone | 3       |

**HEAL 405 - Drugs in Society**  
 (Undergraduate, Graduate)

Study of the impact of the environmental and cultural values affecting the drug using population. Views on subculture and alternative life styles and the forces that shape them. Understanding trends of modern treatment facilities and rehabilitation procedures. Emphasis on alternatives to drug use. May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time            | Start/End       | Add/Drop | Instr | Credits |
|-------|-----|--------|-------------|--------|------|-----------------|-----------------|----------|-------|---------|
| 93340 | 001 | Open   | Main Campus | ATC238 | TR   | 11:00AM-12:15PM | 9/4/19-12/19/19 | 9/11/19  | Nwosu | 3       |
| 91673 | QW2 | Open   | Main Campus | WEB    |      |                 | 9/4/19-12/19/19 | 9/11/19  | Trail | 3       |

This section is not open for registration.

|       |     |      |             |        |  |               |                 |         |       |   |
|-------|-----|------|-------------|--------|--|---------------|-----------------|---------|-------|---|
| 91672 | W01 | Open | Main Campus | WEB    |  |               | 9/4/19-12/19/19 | 9/11/19 | Trail | 3 |
| 93341 | X01 | Open | Main Campus | ATC248 |  | 4:00PM-7:15PM | 9/4/19-12/19/19 | 9/11/19 | Nwosu | 3 |

NOTE: Course meets on campus 9/7, 11/16, 12/7; remainder online.

|       |     |      |             |     |  |  |                 |         |       |   |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|-------|---|
| 93341 | X01 | Open | Main Campus | WEB |  |  | 9/4/19-12/19/19 | 9/11/19 | Nwosu | 3 |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|-------|---|

NOTE: Course meets on campus 9/7, 11/16, 12/7; remainder online.

|       |     |      |             |        |   |               |                 |         |       |   |
|-------|-----|------|-------------|--------|---|---------------|-----------------|---------|-------|---|
| 93342 | Y01 | Open | Main Campus | ATC242 | F | 6:00PM-8:15PM | 9/4/19-12/19/19 | 9/11/19 | Nwosu | 3 |
|-------|-----|------|-------------|--------|---|---------------|-----------------|---------|-------|---|

NOTE: Course meets on campus 9/6, 11/15, 12/6; remainder online.

|       |     |      |             |     |  |  |                 |         |       |   |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|-------|---|
| 93342 | Y01 | Open | Main Campus | WEB |  |  | 9/4/19-12/19/19 | 9/11/19 | Nwosu | 3 |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|-------|---|

NOTE: Course meets on campus 9/6, 11/15, 12/6; remainder online.

**HEAL 407 - Stress Management**  
 (Undergraduate, Graduate)

This course is designed to provide students with an overview of the phenomenon of stress, and its relationship to specific illness, diseases and dysfunctions. The course also provides students with opportunities to practice, apply and demonstrate stress intervention and management techniques. May be taken for graduate-level credit.

| CRN | Sec | Status | Campus | Loc | Days | Time | Start/End | Add/Drop | Instr | Credits |
|-----|-----|--------|--------|-----|------|------|-----------|----------|-------|---------|
|-----|-----|--------|--------|-----|------|------|-----------|----------|-------|---------|

90930 001 Open Main Campus ATC248 TR 2:00PM-3:15PM 9/4/19-12/19/19 9/11/19 Burak 3

**HEAL 450 - Health Promotion Strategies**

(Undergraduate, Graduate)

*Prerequisite: HEAL 200 and HEAL 451*

This course is designed to provide students with the opportunity to study, apply and demonstrate various strategies and techniques appropriate to the diverse approaches of health education. The focus of the class is on planning and implementing health education and health promotion activities. *Offered spring semester.* May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time            | Start/End       | Add/Drop | Instr  | Credits |
|-------|-----|--------|-------------|--------|------|-----------------|-----------------|----------|--------|---------|
| 93343 | 001 | Open   | Main Campus | ATC248 | MW   | 10:10AM-11:00AM | 9/4/19-12/19/19 | 9/11/19  | Bailey | 3       |

NOTE: Additional online content.

|       |     |      |             |     |  |  |                 |         |        |   |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|--------|---|
| 93343 | 001 | Open | Main Campus | WEB |  |  | 9/4/19-12/19/19 | 9/11/19 | Bailey | 3 |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|--------|---|

NOTE: Additional online content.

**HEAL 451 - Program Planning Health Promo**

(Undergraduate, Graduate)

*Prerequisite: HEAL 200 or HEAL 205; and HEAL 385*

This class is designed to give students the tools and skills they need to design conduct, and evaluate health education programs in the various settings for health education. Assessing needs, formulating objectives, session/lesson planning, evaluation purposes, methods and designs will be covered. May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time            | Start/End       | Add/Drop | Instr  | Credits |
|-------|-----|--------|-------------|--------|------|-----------------|-----------------|----------|--------|---------|
| 92254 | 001 | Open   | Main Campus | ATC242 | T    | 2:00PM-4:40PM   | 9/4/19-12/19/19 | 9/11/19  | Bailey | 3       |
| 91674 | 002 | Open   | Main Campus | ATC243 | M    | 1:50PM-4:30PM   | 9/4/19-12/19/19 | 9/11/19  | STAFF  | 3       |
| 93344 | 003 | Open   | Main Campus | ATC248 | MW   | 11:15AM-12:05PM | 9/4/19-12/19/19 | 9/11/19  | STAFF  | 3       |

NOTE: Additional online content.

|       |     |      |             |     |  |  |                 |         |       |   |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|-------|---|
| 93344 | 003 | Open | Main Campus | WEB |  |  | 9/4/19-12/19/19 | 9/11/19 | STAFF | 3 |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|-------|---|

NOTE: Additional online content.

|       |     |      |             |     |  |  |                 |         |       |   |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|-------|---|
| 91901 | W02 | Open | Main Campus | WEB |  |  | 9/4/19-12/19/19 | 9/11/19 | Trail | 3 |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|-------|---|

**HEAL 477 - Environmental/Consumer Hlth**

(Undergraduate, Graduate)

This course will utilize an ecological systems approach to examine current environmental and consumer concerns that affect health. Students will explore the impact of the environment on human health as well as the impact that humans have on the health of the environment. Students will also be provided with the information and skills that will enable them to make healthful and environmentally sound decisions regarding consumer health products, practices and services. May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time          | Start/End       | Add/Drop | Instr | Credits |
|-------|-----|--------|-------------|--------|------|---------------|-----------------|----------|-------|---------|
| 92255 | 001 | Open   | Main Campus | ATC248 | MW   | 3:20PM-4:35PM | 9/4/19-12/19/19 | 9/11/19  | Burak | 3       |

**PHED 400 - Physio/Technq Strength Fitness**

(Undergraduate, Graduate)

*Prerequisite: PHED 204, taken previously or concurrently*

To provide students with a knowledge of the effects of heavy-resistance exercise training protocols on musculoskeletal integrity, metabolic capacity and various specific tissue characteristics in the human body. Thus, the course necessarily

considers microanatomical and physiological variations associated with general strength conditioning programs, body building, Olympic lifting, power lifting, circuit training, variable resistance, isotonic, isokinetic and isometric resistance training. May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc | Days | Time | Start/End       | Add/Drop | Instr    | Credits |
|-------|-----|--------|-------------|-----|------|------|-----------------|----------|----------|---------|
| 91484 | W01 | Open   | Main Campus | WEB |      |      | 9/4/19-12/19/19 | 9/11/19  | Robinson | 3       |
| 91683 | W02 | Open   | Main Campus | WEB |      |      | 9/4/19-12/19/19 | 9/11/19  | Robinson | 3       |

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### **PHED 401 - Physiology of Exercise** (Undergraduate, Graduate)

This course includes the study of systems, their interrelationships and adjustments during exercise and as a result of training. Emphasis is on current research findings and what remains to be discovered in a human as a moving being. Three hours of lecture and one two-hour laboratory period weekly. May be taken for graduate-level credit.

| CRN                                      | Sec | Status | Campus      | Loc    | Days | Time            | Start/End       | Add/Drop | Instr | Credits |
|--|-----|--------|-------------|--------|------|-----------------|-----------------|----------|-------|---------|
| 90987                                    | 001 | Open   | Main Campus | ATC243 | TR   | 9:30AM-10:45AM  | 9/4/19-12/19/19 | 9/11/19  | Braun | 4       |
| NOTE: Must also enroll in a lab section. |     |        |             |        |      |                 |                 |          |       |         |
| 90988                                    | 002 | Open   | Main Campus | ATC243 | TR   | 11:00AM-12:15PM | 9/4/19-12/19/19 | 9/11/19  | Braun | 4       |

NOTE: Must also enroll in a lab section.

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### **PHED 401L - Physiology of Exercise (LAB)** (Undergraduate, Graduate)

| CRN   | Sec | Status | Campus      | Loc    | Days | Time            | Start/End       | Add/Drop | Instr     | Credits |
|-------|-----|--------|-------------|--------|------|-----------------|-----------------|----------|-----------|---------|
| 90989 | 001 | Open   | Main Campus | ATC246 | W    | 10:10AM-11:50AM | 9/4/19-12/19/19 | 9/11/19  | Braun     | 0       |
| 90990 | 002 | Open   | Main Campus | ATC246 | M    | 3:15PM-4:55PM   | 9/4/19-12/19/19 | 9/11/19  | Martin    | 0       |
| 90991 | 003 | Open   | Main Campus | ATC246 | T    | 3:25PM-5:05PM   | 9/4/19-12/19/19 | 9/11/19  | Maiellano | 0       |
| 90992 | 004 | Open   | Main Campus | ATC246 | R    | 3:25PM-5:05PM   | 9/4/19-12/19/19 | 9/11/19  | Maiellano | 0       |

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### **PHED 402 - Exercise Metabolism** (Undergraduate, Graduate)

*Prerequisite: PHED 401 or equivalent*

An in-depth study of human physiological principles as applied to exercise, sport activity and research. Special emphasis is on neurological control, exercise in relation to cardiovascular disease, and factors affecting performance. May be taken for graduate-level credit.

| CRN                              | Sec | Status | Campus      | Loc    | Days | Time          | Start/End       | Add/Drop | Instr  | Credits |
|----------------------------------|-----|--------|-------------|--------|------|---------------|-----------------|----------|--------|---------|
| 91486                            | 001 | Open   | Main Campus | ATC243 | MW   | 8:00AM-8:50AM | 9/4/19-12/19/19 | 9/11/19  | Haslam | 3       |
| NOTE: Additional online content. |     |        |             |        |      |               |                 |          |        |         |
| 91486                            | 001 | Open   | Main Campus | WEB    |      |               | 9/4/19-12/19/19 | 9/11/19  | Haslam | 3       |

NOTE: Additional online content.

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### **PHED 403 - Cardiovasc Analysis/Eval/Rehab** (Undergraduate, Graduate)

*Prerequisite: PHED 401 or equivalent*

This course includes an examination of cardiovascular dynamics as studied through anatomy, electrophysiology,

rehabilitation, and the pathology of the cardiovascular system. Specific emphases will be placed on the analysis of the cardiovascular system through the ECG, cardiac rehabilitation, and basic cardiac pharmacology. *Offered fall semester.* May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time          | Start/End       | Add/Drop | Instr  | Credits |
|-------|-----|--------|-------------|--------|------|---------------|-----------------|----------|--------|---------|
| 90993 | 001 | Open   | Main Campus | ATC248 | TR   | 3:25PM-4:40PM | 9/4/19-12/19/19 | 9/11/19  | Martin | 3       |

### **PHED 404 - Exercise Prescription**

(Undergraduate, Graduate)

This course focuses on the development of individual prescriptive exercise programming with respect to individual contraindications. Environmental conditions along with intensity, duration and frequency of physical activity will be studied in order to develop programs. May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time           | Start/End       | Add/Drop | Instr | Credits |
|-------|-----|--------|-------------|--------|------|----------------|-----------------|----------|-------|---------|
| 90994 | 001 | Open   | Main Campus | ATC238 | TR   | 12:30PM-1:45PM | 9/4/19-12/19/19 | 9/11/19  | Swart | 3       |

### **PHED 405 - Exercise Circulation**

(Undergraduate, Graduate)

*Prerequisite: PHED 401*

This course provides students with a knowledge and understanding of the acute and chronic effects of exercise on the peripheral and central circulatory systems. It deals with exercise-related cardiovascular dynamics, effects of frequently used medications and growth responses induced by regular exercise as well as abnormal physiological responses to exercise. May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time          | Start/End       | Add/Drop | Instr  | Credits |
|-------|-----|--------|-------------|--------|------|---------------|-----------------|----------|--------|---------|
| 90995 | 001 | Open   | Main Campus | ATC243 | TR   | 8:00AM-8:50AM | 9/4/19-12/19/19 | 9/11/19  | Haslam | 3       |

NOTE: Additional online content.

|       |     |      |             |     |  |  |                 |         |        |   |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|--------|---|
| 90995 | 001 | Open | Main Campus | WEB |  |  | 9/4/19-12/19/19 | 9/11/19 | Haslam | 3 |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|--------|---|

NOTE: Additional online content.

### **PHED 409 - Plan/Implemen/Eval Fitness Prog**

(Undergraduate, Graduate)

*Prerequisite: PHED 401 or equivalent*

This course provides students with skills needed to develop, implement and evaluate programs in fitness and rehabilitative exercise centers. Emphasis will be placed on program development, on providing instruction to individuals and groups and on administrative tasks expected of the entry-level fitness professional. May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time          | Start/End       | Add/Drop | Instr | Credits |
|-------|-----|--------|-------------|--------|------|---------------|-----------------|----------|-------|---------|
| 91719 | X01 | Open   | Main Campus | ATC243 | W    | 1:50PM-2:40PM | 9/4/19-12/19/19 | 9/11/19  | Braun | 3       |

NOTE: Course meets on campus Wednesdays; remainder online.

|       |     |      |             |     |  |  |                 |         |       |   |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|-------|---|
| 91719 | X01 | Open | Main Campus | WEB |  |  | 9/4/19-12/19/19 | 9/11/19 | Braun | 3 |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|-------|---|

NOTE: Course meets on campus Wednesdays; remainder online.

### **PHED 494 - Motor Prog Chron/Acute Hlt**

(Undergraduate, Graduate)

*Prerequisite: PHED 324*

Included in this course is a study of chronic and acute health problems that interfere with work productivity, leisure activity and life satisfaction. The course will survey a number of conditions including overweight and obesity, diabetes, arthritis, dwarfism, muscular dystrophies, multiple sclerosis, hemophilia, asthma and cancer. Adapted

physical activity strategies will include development of appropriate goals and objectives and program planning to improve self-confidence and to enhance a leisure lifestyle. *Offered fall semester.* May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time          | Start/End       | Add/Drop | Instr  | Credits |
|-------|-----|--------|-------------|--------|------|---------------|-----------------|----------|--------|---------|
| 90998 | 001 | Open   | Main Campus | ATC242 | MW   | 3:20PM-4:35PM | 9/4/19-12/19/19 | 9/11/19  | Brophy | 3       |

### **PHED 497 - Practicum Child Phy Dev Clinic**

(Undergraduate, Graduate)

*Prerequisite: A minimum of one year's experience in the Children's Physical Developmental Clinic and consent of instructor*

The Children's Physical Developmental Clinic (CPDC) is an interdisciplinary community service program designed to enhance the physical, motor and social development of children with disabilities, 18 months through 18 years. This course provides veteran student clinicians a practical experience in assessing program development, administration and evaluation of the CPDC as well as the training and supervision of less-experienced clinicians. The course is open to all majors and may be repeated once for credit with the consent of the instructor. May be taken for graduate-level credit.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time          | Start/End       | Add/Drop | Instr    | Credits |
|-------|-----|--------|-------------|--------|------|---------------|-----------------|----------|----------|---------|
| 90997 | 001 | Open   | Main Campus | LIB007 | M    | 6:00PM-8:40PM | 9/4/19-12/19/19 | 9/11/19  | Campbell | 3       |

### **PHED 511 - Research Methods in Phys Ed**

(Graduate)

This course will develop competencies needed to both produce and consume research in physical education and allied areas. In the development of a research proposal, students will gain an understanding of such research techniques as problem formulation, literature review, sampling, hypothesis construction, research design, instrumentation and data analysis. *Offered fall semester.*

| CRN   | Sec | Status | Campus      | Loc    | Days | Time          | Start/End       | Add/Drop | Instr | Credits |
|-------|-----|--------|-------------|--------|------|---------------|-----------------|----------|-------|---------|
| 93526 | X01 | Open   | Main Campus | ATC244 | T    | 4:45PM-7:25PM | 9/4/19-12/19/19 | 9/11/19  | Wu    | 3       |
| 93526 | X01 | Open   | Main Campus | WEB    |      |               | 9/4/19-12/19/19 | 9/11/19  | Wu    | 3       |

### **PHED 523 - Strength/Conditioning Lab**

(Graduate)

*Prerequisite: PHED 204 or PHED 555; and consent of instructor*

This course consists of a study in the procedures used to train and coach athletes to enhance their musculoskeletal fitness through anatomy-based strength and conditioning. Specific emphasis will be placed on power lifting, Olympic-style lifting, dynamic flexibility, plyometrics, agility training, and sports specific training. May be repeated once for credit. Lecture, laboratory and out-of-class observation and fieldwork will be conducted weekly.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time          | Start/End       | Add/Drop | Instr    | Credits |
|-------|-----|--------|-------------|--------|------|---------------|-----------------|----------|----------|---------|
| 92271 | 001 | Open   | Main Campus | KLY010 | TR   | 8:00AM-9:15AM | 9/4/19-12/19/19 | 9/11/19  | Robinson | 3       |

### **PHED 543 - Foundation Resistance Training**

(Graduate)

This course will provide students with knowledge of the effects of various heavy resistance training protocols on musculoskeletal integrity, metabolic capacity and various specific tissue characteristics in the human body. Thus, the course necessarily considers micro-anatomical and physiological variations associated with general strength-conditioning programs, body building, Olympic lifting, power lifting, circuit training, isotonic and isometric resistance training.

| CRN | Sec | Status | Campus | Loc | Days | Time | Start/End | Add/Drop | Instr | Credits |
|-----|-----|--------|--------|-----|------|------|-----------|----------|-------|---------|
|-----|-----|--------|--------|-----|------|------|-----------|----------|-------|---------|

| CRN   | Sec | Status | Campus      | Loc    | Days | Time          | Start/End       | Add/Drop | Instr  | Credits |
|-------|-----|--------|-------------|--------|------|---------------|-----------------|----------|--------|---------|
| 91940 | 001 | Open   | Main Campus | ATC243 | T    | 7:30PM-9:10PM | 9/4/19-12/19/19 | 9/11/19  | Haslam | 3       |

NOTE: Additional online content.

|       |     |      |             |     |  |  |                 |         |        |   |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|--------|---|
| 91940 | 001 | Open | Main Campus | WEB |  |  | 9/4/19-12/19/19 | 9/11/19 | Haslam | 3 |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|--------|---|

NOTE: Additional online content.

### **PHED 545 - Phys Condition/Train Sport/Exe**

(Graduate)

*Prerequisite: An introductory course in exercise physiology or consent of instructor*

This course is designed to provide the sport practitioner, e.g., the coach, athlete, team trainer, and physical educator, with a basic understanding of the physiologic principles underlying the physical conditioning process. Methods of planning, implementing and evaluating training programs will be the main focus of attention.

| CRN   | Sec | Status | Campus      | Loc | Days | Time | Start/End       | Add/Drop | Instr    | Credits |
|-------|-----|--------|-------------|-----|------|------|-----------------|----------|----------|---------|
| 91487 | W01 | Open   | Main Campus | WEB |      |      | 9/4/19-12/19/19 | 9/11/19  | Robinson | 3       |

### **PHED 555 - Strength/Condition Practicum**

(Graduate)

This course consists of a study of the procedures used to train people to enhance their musculoskeletal fitness through progressive resistance exercise. Specific emphasis will be placed on bodybuilding, power lifting, Olympic Style Lifting, dynamic flexibility, plyometrics and agility training. One hour of lecture and two hours of laboratory will be conducted weekly over the entire semester. *Offered every semester.*

| CRN   | Sec | Status     | Campus      | Loc    | Days | Time           | Start/End       | Add/Drop | Instr    | Credits |
|-------|-----|------------|-------------|--------|------|----------------|-----------------|----------|----------|---------|
| 91985 | X01 | * 3 left * | Main Campus | KLY010 | R    | 12:30PM-1:45PM | 9/4/19-12/19/19 | 9/11/19  | Robinson | 3       |

NOTE: Course meets on campus Thursdays; remainder online.

|       |     |            |             |     |  |  |                 |         |          |   |
|-------|-----|------------|-------------|-----|--|--|-----------------|---------|----------|---|
| 91985 | X01 | * 3 left * | Main Campus | WEB |  |  | 9/4/19-12/19/19 | 9/11/19 | Robinson | 3 |
|-------|-----|------------|-------------|-----|--|--|-----------------|---------|----------|---|

NOTE: Course meets on campus Thursdays; remainder online.

### **PHED 560 - Adventure Based Physical Educa**

(Graduate)

This course is designed for those who are new to adventure education and who work in a setting where the group process and debriefing are important. Some of the techniques to enhance group process are the following: goal setting, reflection, decision making and debriefing. The curriculum will include adventure basics, philosophy and theory, including challenge by choice and the full-value contract, ground activities, low elements and high elements. Participants should be in relatively good health and able to perform moderate physical activity.

| CRN   | Sec | Status | Campus      | Loc    | Days | Time          | Start/End      | Add/Drop | Instr | Credits |
|-------|-----|--------|-------------|--------|------|---------------|----------------|----------|-------|---------|
| 93457 | 001 | Open   | Main Campus | ATCCT2 |      | 9:00AM-4:00PM | 9/4/19-9/29/19 | 9/5/19   | Chase | 3       |

NOTE: Course meets Wednesdays 9/4, 9/11, 9/18, 9/25; and Saturday 9/28 and Sunday 9/29.

|       |     |      |             |        |   |               |                |        |       |   |
|-------|-----|------|-------------|--------|---|---------------|----------------|--------|-------|---|
| 93457 | 001 | Open | Main Campus | ATCCT2 | W | 4:45PM-7:25PM | 9/4/19-9/29/19 | 9/5/19 | Chase | 3 |
|-------|-----|------|-------------|--------|---|---------------|----------------|--------|-------|---|

NOTE: Course meets Wednesdays 9/4, 9/11, 9/18, 9/25; and Saturday 9/28 and Sunday 9/29.

### **PHED 568 - Found of Effective Sport Coach**

(Graduate)

This course provides students with a comprehensive introduction to principles, methods and theories of coaching practice which promote optimal athlete development and sport performance, and support the psychological, emotional and physical well-being of athletes and coaches. The following areas of coaching practice will be examined: coaching

values and philosophy; building and maintaining healthy relationships; models of athletic talent and skill development; methods of planning, assessing and evaluating performance outcomes; structuring safe and effective practice environments that support the well-being, learning, skill acquisition, performance excellence and physical literacy of all participants; pre-competition readiness; effective game-day coaching; reflective coaching practices; and strategies to support the emotional and physical wellness of coaches. *Offered fall, spring.*

| CRN   | Sec | Status | Campus      | Loc | Days | Time | Start/End       | Add/Drop | Instr | Credits |
|-------|-----|--------|-------------|-----|------|------|-----------------|----------|-------|---------|
| 93394 | W01 | Open   | Main Campus | WEB |      |      | 9/4/19-12/19/19 | 9/11/19  | Mead  | 3       |

### **PHED 578 - Organization & Admin for PTM**

(Graduate)

*Prerequisite: PHED 538 and matriculation in the Professional Tennis Management Graduate Certificate program*

This course focuses on issues in the promotion and administration of tennis facilities, tournaments and organizations. Students will consider foundational marketing and management principles with an emphasis on historical and current application of those principles to issues in the tennis industry. Students will engage with media and current literature related to the tennis industry, with an emphasis on North America. Organizational management and the planning, promotion and execution of tennis events (e.g., tournaments) are central topics of this course. *Offered fall semester.*

| CRN   | Sec | Status | Campus      | Loc | Days | Time | Start/End       | Add/Drop | Instr | Credits |
|-------|-----|--------|-------------|-----|------|------|-----------------|----------|-------|---------|
| 93395 | W01 | Open   | Main Campus | WEB |      |      | 9/4/19-12/19/19 | 9/11/19  | STAFF | 3       |

### **PHED 579 - Qualitative Data Analys in PE**

(Graduate)

*Prerequisite: Matriculation into Physical Education, MS program; or consent of instructor*

This course addresses techniques important to the development of effective data analysis techniques for novice qualitative researchers in physical education. *Offered fall semester.*

| CRN   | Sec | Status | Campus      | Loc    | Days | Time          | Start/End       | Add/Drop | Instr  | Credits |
|-------|-----|--------|-------------|--------|------|---------------|-----------------|----------|--------|---------|
| 93396 | X01 | Open   | Main Campus | ATC241 | W    | 4:45PM-7:25PM | 9/4/19-12/19/19 | 9/11/19  | Sheehy | 3       |

NOTE: Course meets on campus 10/9, 10/16, 10/23, 10/30, 11/6, 12/4, 12/11; remainder online.

|       |     |      |             |     |  |  |                 |         |        |   |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|--------|---|
| 93396 | X01 | Open | Main Campus | WEB |  |  | 9/4/19-12/19/19 | 9/11/19 | Sheehy | 3 |
|-------|-----|------|-------------|-----|--|--|-----------------|---------|--------|---|

NOTE: Course meets on campus 10/9, 10/16, 10/23, 10/30, 11/6, 12/4, 12/11; remainder online.

### **PHED 581 - Top:Adapted Physical Education**

(Graduate)

*Prerequisite: Course prerequisite may be specified depending on the nature of the topic*

Special topics of current relevance in physical education will be offered from time to time. The topic to be addressed will be announced in pre-registration publications. May take more than once with consent of adviser.

| CRN   | Sec | Status | Campus      | Loc | Days | Time          | Start/End       | Add/Drop | Instr | Credits |
|-------|-----|--------|-------------|-----|------|---------------|-----------------|----------|-------|---------|
| 92273 | 001 | Open   | Main Campus |     | W    | 4:45PM-7:25PM | 9/4/19-12/19/19 | 9/11/19  | STAFF | 3       |

### **PHED 588 - Competitive Weightlifting**

(Graduate)

This course is designed to provide the student with the opportunity to learn the details of competitive weightlifting. Participants will learn the aspects of program design, training methods, volume and intensity rational, as well as the rules and regulations of competition. The students will attend a sanctioned competition either as a coach or participant. This course may be repeated once for a maximum of six credits.

| CRN | Sec | Status | Campus | Loc | Days | Time | Start/End | Add/Drop | Instr | Credits |
|-----|-----|--------|--------|-----|------|------|-----------|----------|-------|---------|
|-----|-----|--------|--------|-----|------|------|-----------|----------|-------|---------|

|       |     |            |             |        |   |                 |                 |         |          |   |
|-------|-----|------------|-------------|--------|---|-----------------|-----------------|---------|----------|---|
| 91942 | X01 | * 2 left * | Main Campus | KLY010 | R | 11:00AM-12:15PM | 9/4/19-12/19/19 | 9/11/19 | Robinson | 3 |
|-------|-----|------------|-------------|--------|---|-----------------|-----------------|---------|----------|---|

NOTE: Course meets on campus Thursdays; remainder online.

|       |     |            |             |     |  |  |                 |         |          |   |
|-------|-----|------------|-------------|-----|--|--|-----------------|---------|----------|---|
| 91942 | X01 | * 2 left * | Main Campus | WEB |  |  | 9/4/19-12/19/19 | 9/11/19 | Robinson | 3 |
|-------|-----|------------|-------------|-----|--|--|-----------------|---------|----------|---|

NOTE: Course meets on campus Thursdays; remainder online.