



Spring Conference Schedule

Focus on the Future: Working Together for the Next Generation



Promoting lifetime activities, physical/health literacy, and social emotional learning for our students to be physically active and healthy for a lifetime.

Friday March 2, 2018

Conference Schedule

7:15 - 8:00	Registration (Location)
8:00 – 9:00	General Session (Location)
9:00-3:00	Exhibits (Location) Come support our vendors and receive some great ideas!
9:10-10:10	Breakout Sessions I
10:15 -11:15	Breakout Sessions II
11:15-12:15	Lunch (Location)
12:30 -1:30	Breakout Sessions III
1:40 - 2:40	General Session (Location)
2:40 - 3:00	Concluding Activities (Location)

Conference Details

7:15 - 8:00		Registration (Location)
8:00 – 9:00	◇	<p>General Session (Location)</p> <p><i>Achieving 50 Million Strong – Teachers are Key!</i></p> <p>50 Million Strong is SHAPE America’s commitment to empowering all youth to lead active lives and make healthy choices through effective health education and physical education programs. Health and physical educators are uniquely positioned to be the UPS delivery system for quality instruction that provides students with the skills, knowledge and desire to achieve 50 Million Strong. SHAPE America President-elect, Dr. Fran Cleland, will feature national efforts toward achieving 50 Million Strong and clarify how intentional teaching is key to helping teachers achieve 50 Million Strong.</p> <p>Presenter: Dr. Fran Cleland - Shape America President, Professor at West Chester University, West Chester, PA</p>
9:10-10:10		Breakout Sessions I
	◇	<p><i>Keys to Success in Implementing Social Emotional Learning</i></p> <p>This presentation will provide an overview of the Department of Elementary and Secondary Education’s Social Emotional Learning initiative. The Guidelines on Implementing Social and Emotional Learning K-12 will be discussed along with strategies for enhancing the role of health and physical educators in school-wide social emotional learning programs.</p> <p>Presenter: Anne L. Gilligan, M.P.H., Safe and Healthy Schools Coordinator, Mass Department of Elementary and Secondary Education</p> <p>Location:</p>

	<p>◇ <i>Creating Community and Developing Skills in Traditional Dance: Folk, Square and Contra</i></p> <p>Dance is part of the fabric of most cultures, and dance forms have been passed down from generation to generation. Each generation alters the forms and creates new traditions. It is incumbent upon physical educators to include in their curricula dances from around the world, including the traditional square and contra dance genres, not only to preserve the history, but also to develop the related dance skills (another aspect of physical literacy) and foster the social/emotional connections created when people join hands and become a community on the dance floor.</p> <p>Presenter: Sam Baumgarten: Professor Emeritus, Adjunct Professor for Bridgewater State University</p> <p>Location:</p>
	<p>◇ <i>Sequencing and Adapting Adventure Activities to Achieve Health and Physical Literacy</i></p> <p>Health and physical literacy is at the core of inspiring individuals to be healthy and active through their lifetime. Still, the approach we take as educators may encourage or discourage student interest and participation. In this dynamic, activity-based session Nate Folan will share an intentionally sequence of ground-based adventure activities all linked to the national standards for K-12 Physical Education. In addition, variations of activities will be used to optimize and focus learning. If you are looking for a way to meet students where they are at, engage them on a learning journey, and strive to develop health and physically literate adults though a fun and engaging approach, this workshop will provide a simple framework to do so. Play and learn:</p> <ol style="list-style-type: none"> 1. a variety of adapted adventure activities; 2. a framework for sequencing activities and engaging students; and 3. practical ways to meet national standards

		<p>Presenter: Nate Folan, Owner/Trainer/Facilitator of Nate Folan Consulting, and author of <u>The Hundredth Monkey</u> (Project Adventure 2012).</p> <p>Location:</p>
10:15 -11:15		Breakout Sessions II
	◆	<p><i>Implementing SEL in the Skills-Based Classroom</i></p> <p>Social Emotional Learning is sweeping the country. If you are teaching skills-based health education, you are already teaching SEL. Learn how to identify the SEL competencies and align them with your current assessment and instruction.</p> <p>Presenter: Mary Connolly, Program Chair, Skills-Based Health/Social Emotional Learning Cambridge College</p> <p>Location:</p>
	◆	<p><i>Net Generation</i></p> <p>This presentation will include discussing the grade-based curriculum that involves classroom management, safety, and demonstrating fun tennis games and activities. These activities cater to specific grade levels, and incorporate hand-eye coordination, working in partners, and learning the game of tennis. During this session we will teach fun inclusive games that grow the game of tennis as well.</p> <p>Presenters: Kristen Liteplo and Ashley Cerri, USTA Tennis</p> <p>Location:</p>
	◆	<p><i>Social & Emotional Learning: Teach it! Practice it! Assess it!</i></p> <p>Suddenly everyone is talking about social and emotional learning (SEL). SEL has been a</p>

		<p>corner stone of our work for years. This session will focus on how we can direct our attention toward the social and emotional development of our students with purpose and clarity.</p> <p>Presenter(s): Kathy M. Pinkham, Ed. D., Director K12 Wellness Department of Needham Public Schools, Needham, Ma.</p> <p>Luke Darling - Elementary Wellness Teacher - Broadmeadow/Mitchell Schools - Needham Public School.</p> <p>(Location)</p>
11:15-12:15	◆	Lunch (Location)
12:30 -1:30		Breakout Sessions III
	◆	<p><i>Physical Literacy: A Holistic Approach</i></p> <p>This session will explore the different interpretations of the physical literacy concept and what it means to you. How to integrate an outcome-based, authentic assessment at the end of 5th, 8th, or 12th grade. Using the National Standards and Grade-Level Outcomes for K-12 Physical Education, particularly Standard 5, so that our students can participate in physical activity throughout the lifespan.</p> <p>Presenter: Dr. Ann Marie Gallo, Professor/Physical Education Teacher Education Coordinator for Salem State University.</p> <p>Location:</p>
	◆	<i>Snowshoeing</i>

		<p>Snowshoeing-what's not to love about it? It is said that, "If you can walk you can snowshoe!!" It is a low impact aerobic exercise that helps you stay in shape during the winter months. A great way to enjoy the outdoors and the snow. Snowshoeing is a fun, social activity for all ages. (Dress warm - weather permitting, otherwise will do inside!)</p> <p>Presenters: Cindy Coughlin, Elementary Physical Education Teacher, Alice Beal Elementary School, Springfield, Ma and Sandra Collins-MSW, LCSW School Adjustment Counselor, Alice Beal Elementary School, Springfield, Ma.</p> <p>Location:</p>
	<p>◇</p>	<p><i>Active and Interactive Approaches to Social Emotional Learning</i></p> <p>Social Emotional Learning (SEL) has become a central focus for both schools and businesses. Why? The base of SEL – awareness of self and others – is necessary for effective teamwork, healthy relationships, and essential to being human. In this dynamic, activity-based session Nate Folan will share activities that develop self-awareness, self-management, awareness of others, relationship skills, and responsible decision-making. Play and learn active and interactive approaches to social emotional learning.</p> <p>Presenter: Nate Folan, Owner/Trainer/Facilitator of Nate Folan Consulting, and author of <u>The Hundredth Monkey</u> (Project Adventure 2012).</p> <p>Location:</p>
<p>1:40 - 2:40-</p>	<p>◇</p>	<p>General Session</p> <p><i>Moving Toward Health and Physical Literacy</i></p> <p>Participants in this session will be working collaboratively to brainstorm ways of helping their students achieve health and physical literacy.</p>

		<p>Presenters: Fran Cleland. President of shape America, Professor at West Chester University, West Chester, PA</p> <p>Nate Folan, Owner/Trainer/Facilitator of Nate Folan Consulting, and author of <u>The Hundredth Monkey</u> (Project Adventure 2012).</p> <p>Location:</p>
2:40 - 3:00	◆	<ul style="list-style-type: none">● Closing activities with Nate Folan● Evaluations/PDP's <p>Location:</p>